



**NATIONAL HEALTH  
LABORATORY SERVICE**



# **The Gonococcal Antimicrobial Surveillance Program (GASP): A snapshot from Southern Africa**

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**Antimicrobial Resistant Gonococci  
Jet setters of the 21<sup>st</sup> Century?**

**A global problem needing  
a global solution**

**W.H.O. ACTS TO CURB A NEW STRAIN OF V.D.**  
By LAWRENCE K. ALTMAN Special to The New York Times  
*New York Times (1857-Current file); Jan 9, 1977; ProQuest Historical Newspapers*  
pg. 27

## **W.H.O. ACTS TO CURB A NEW STRAIN OF V.D.**

**Laboratories Asked to Begin Tests  
To Detect a Type of Gonorrhea  
That Resists Penicillin**

**By LAWRENCE K. ALTMAN**  
Special to The New York Times

GENEVA, Jan. 8—In an urgent step to prevent the development of a major international health problem, the World Health Organization has asked laboratories throughout the world to begin tests to detect a new penicillin-resistant strain of gonorrhea.

Already, the new type of venereal disease has infected Americans in at least 15 states and people in 10 other countries, and it threatens to become the dominant type among the millions of cases of gonorrhea that occur each year throughout the world.

"The volume of air travel throughout the world and the limited surveillance for this organism to date [means] every area of the world must view this as a real or potential problem," the World Health Organization said in a statement sent to health officials in 150 countries that are members of the organization, and to thousands of scientists.

**New York Times Jan 9 1977**  
Courtesy of J. Zenilman



*"The emergence and spread of drug-resistant pathogens has accelerated. Governments can make progress, working with health workers, pharmacists, civil society, patients, and industry. We all can plan and coordinate our response. We can expand surveillance efforts. We can improve drug regulatory and supply systems. We can foster improved use of medicines for human and animal health. We can actively prevent and control infections in health services and beyond. And, we must stimulate a robust pipeline for new antimicrobials, diagnostics and vaccines."*

*Drug resistance costs vast amounts of money, and affects vast numbers of lives. The trends are clear and ominous. No action today means no cure tomorrow. At a time of multiple calamities in the world, we cannot allow the loss of essential medicines – essential cures for many millions of people – to become the next global crisis".*

*Statement of WHO Director-General, Margaret Chan on World Health Day 2011. ■*

# WHAT IS GASP?

## **GASP is the WHO's Gonococcal Antimicrobial Surveillance Programme**

- Using networks of laboratories
- To collect isolates
- Test their resistance to antibiotics
- Ensure a successful implementation of an evidence-based response plan

## **WHY?**

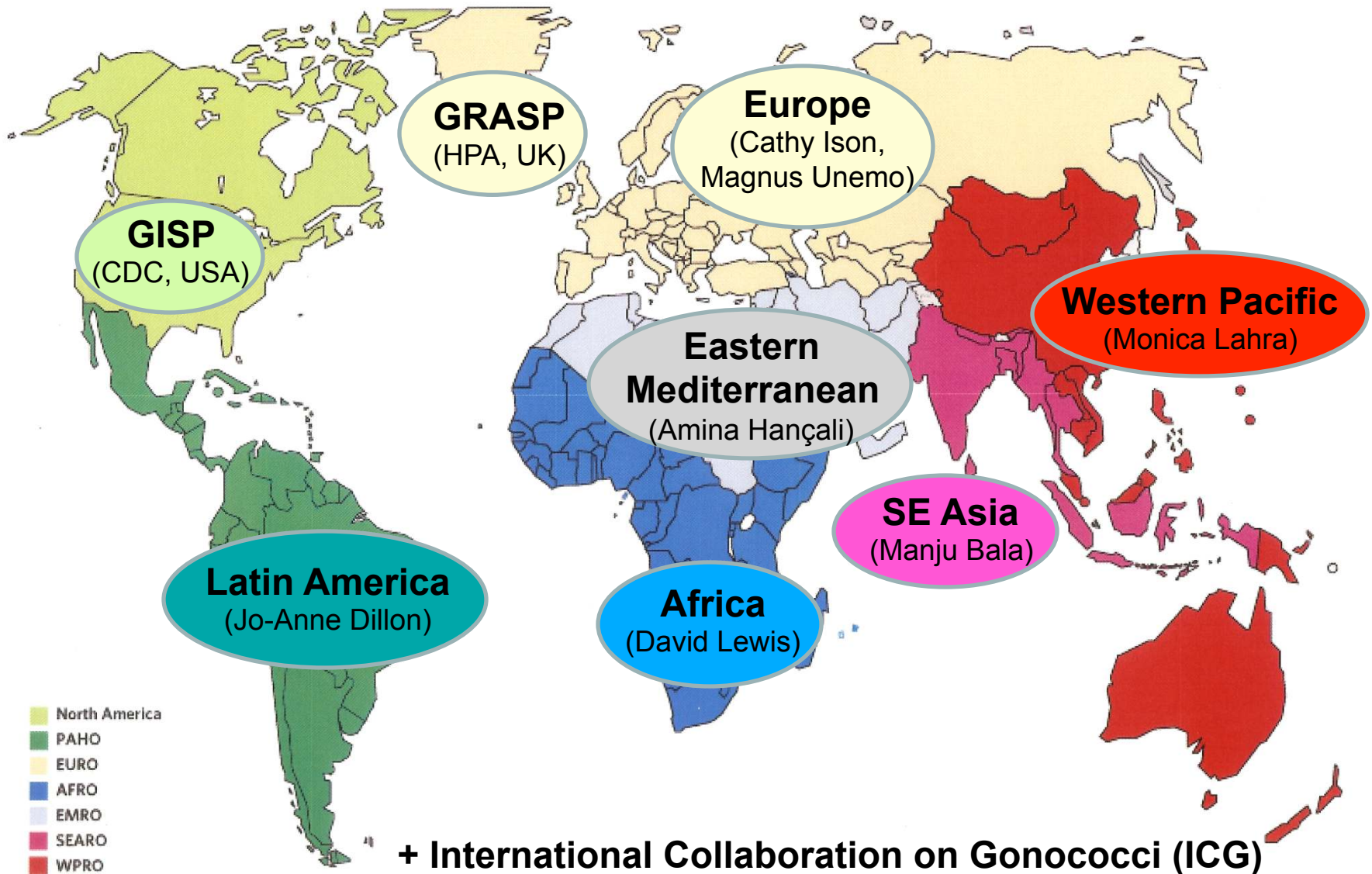
- To improve treatment
- To update standard treatment regimens

## **HOW?**

- Reliable tests performed to high standards by trained staff, using proper reagents and employing quality control systems
- Data analysis and communication to effect updating of treatment guidelines

# WHO Gonococcal Antimicrobial Surveillance Programme

## GASP Regional Collaborators and Partners



# Africa – We Still Need More Data!



- Limited surveillance activity
- Few publications since 2000
- No data for many countries
- Sample sizes often small
- No Afro first-line Rx database
- MIC determination methods differ
- Lack of confirmation of results
- Technical difficulties – strain loss between sites and reference centres
- WHO initiative to enhance gonococcal resistance surveillance

# WHO-Afro GASP Planned Activities



Enhance clinical laboratory capacity for GC culture methods and antimicrobial testing

Enhance awareness of clinicians on the emergence of cephalosporin resistant gonococci and potential treatment failures

Clinical and laboratory training/support for prompt investigation of cephalosporin treatment failure cases

Guidance on effective management of patients and their sexual partners with treatment failure to cephalosporins



Protocol training - Zimbabwe



Clinical training - Madagascar



Laboratory training - Tanzania



Meeting to review Afro-GASP -  
Zimbabwe



# Surveillance in South Africa



GAUTENG: Since 2007  
NORTHERN CAPE: 2006  
MPUMALANGA: 2006  
WESTERN CAPE: 2006 – 2007  
FREE STATE: 2009  
EASTERN CAPE: 2010  
NORTH WEST: 2010 – 2011  
LIMPOPO: 2010 – 2011



# Treatment for gonorrhoeae

**Sulphonamide**  
1944

**Penicillin**  
1976

**Tetracycline**  
1985

**Quinolones**  
1990

**Azithromycin**

**Cephalosporins**

*penA, penB, mtr, penC, ponA*

*penicillinase*

*tet, mtr*

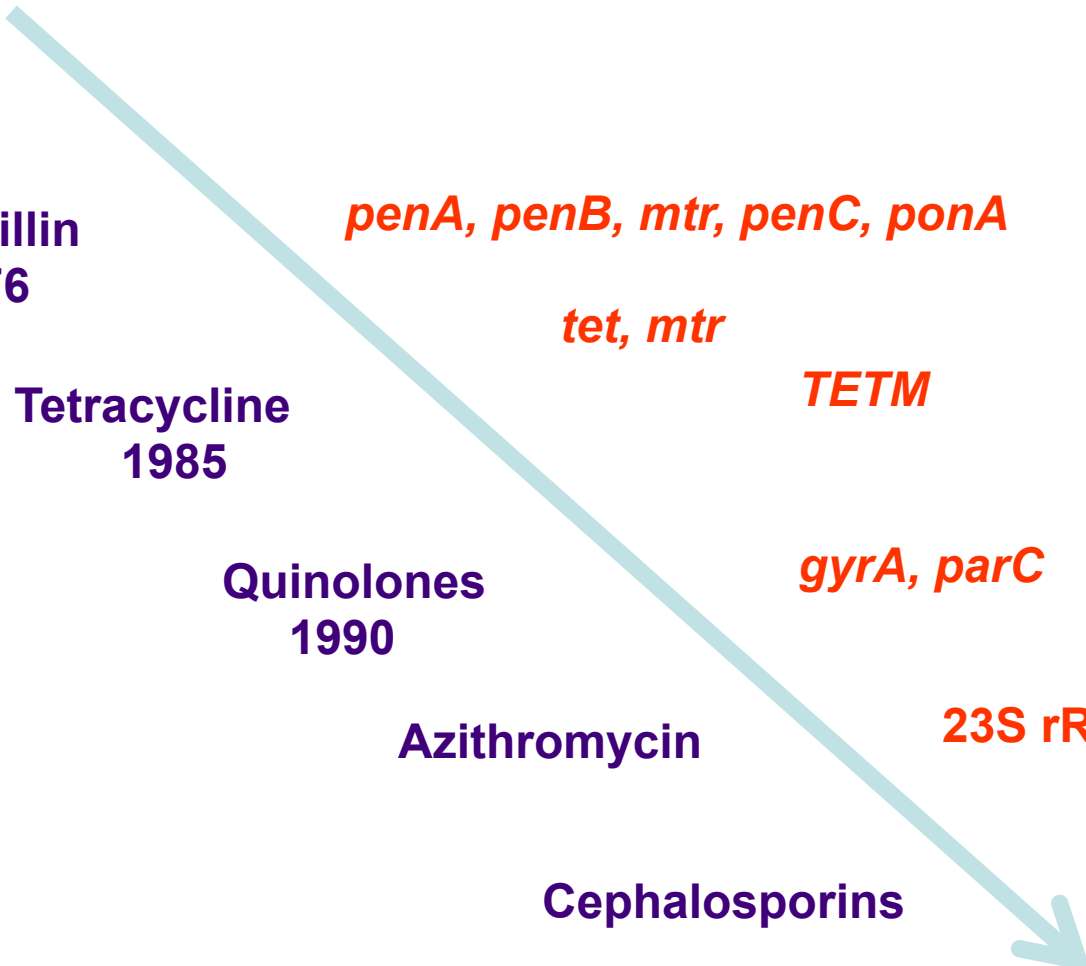
**TETM**

*gyrA, parC*

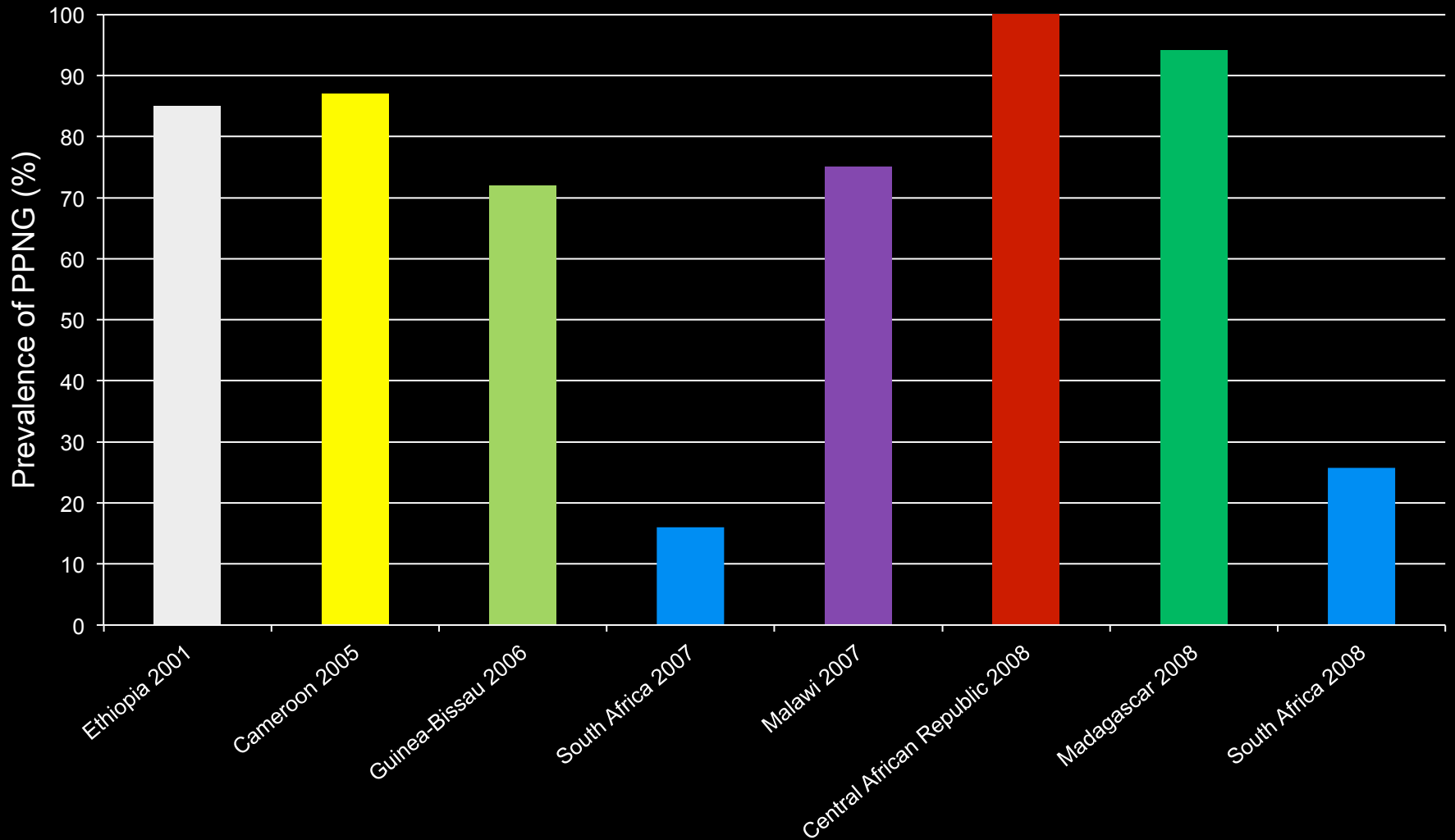
**23S rRNA**

*penA mosaic*

?

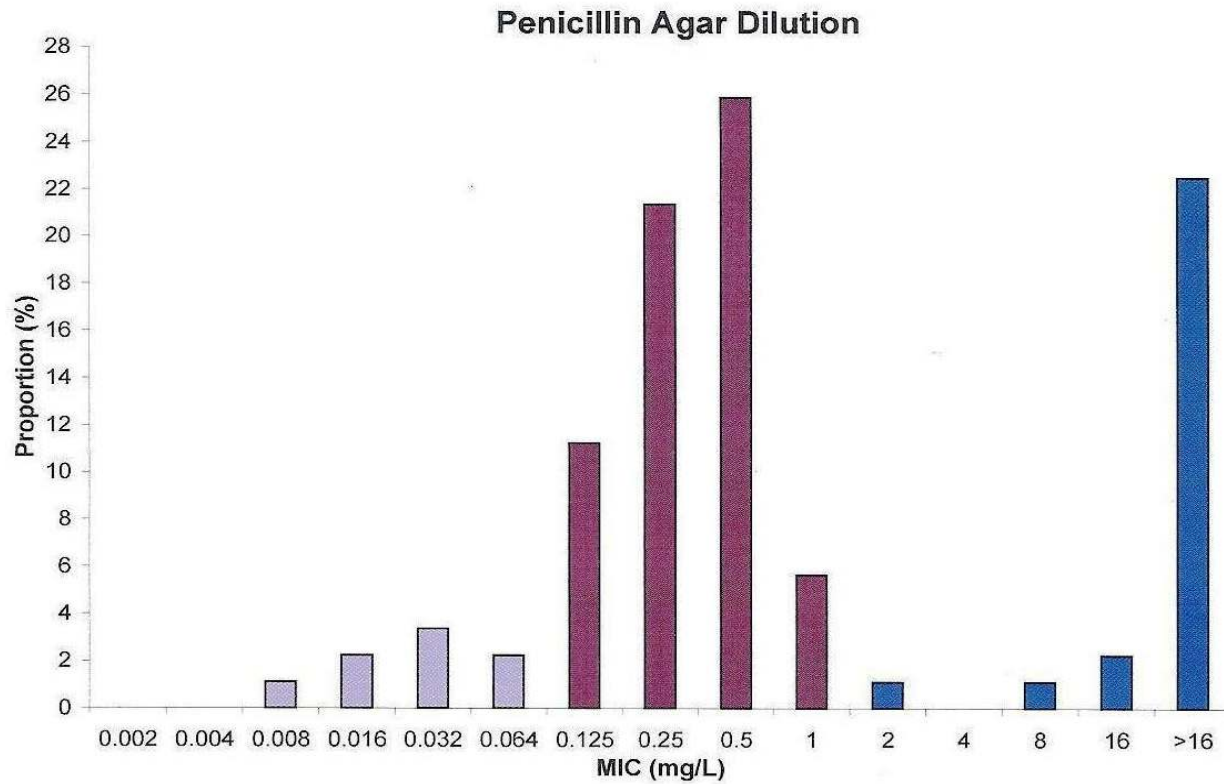


# PPNG prevalence in Africa (2001-2008)

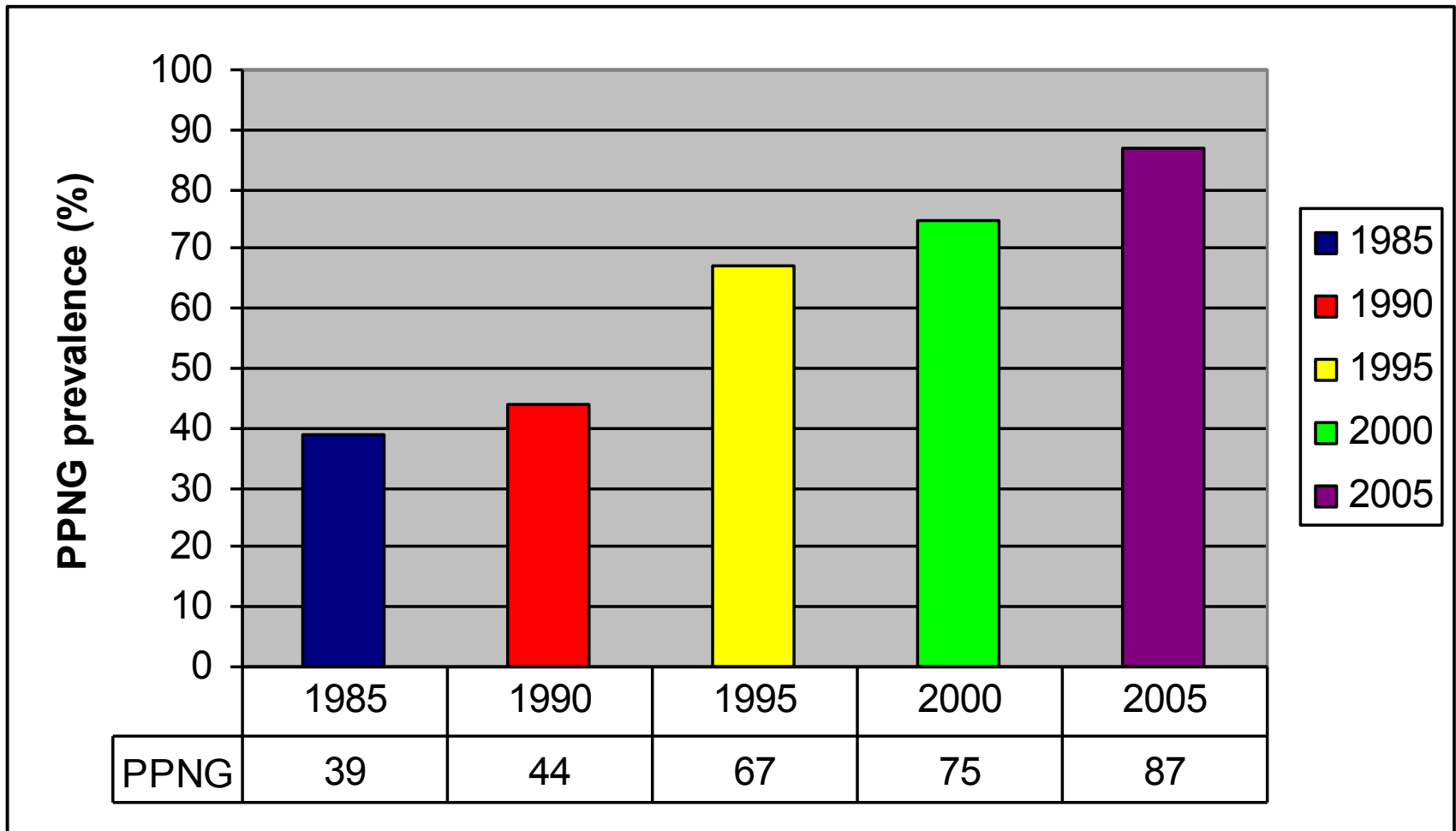




# Penicillin Resistance in South Africa (2008)



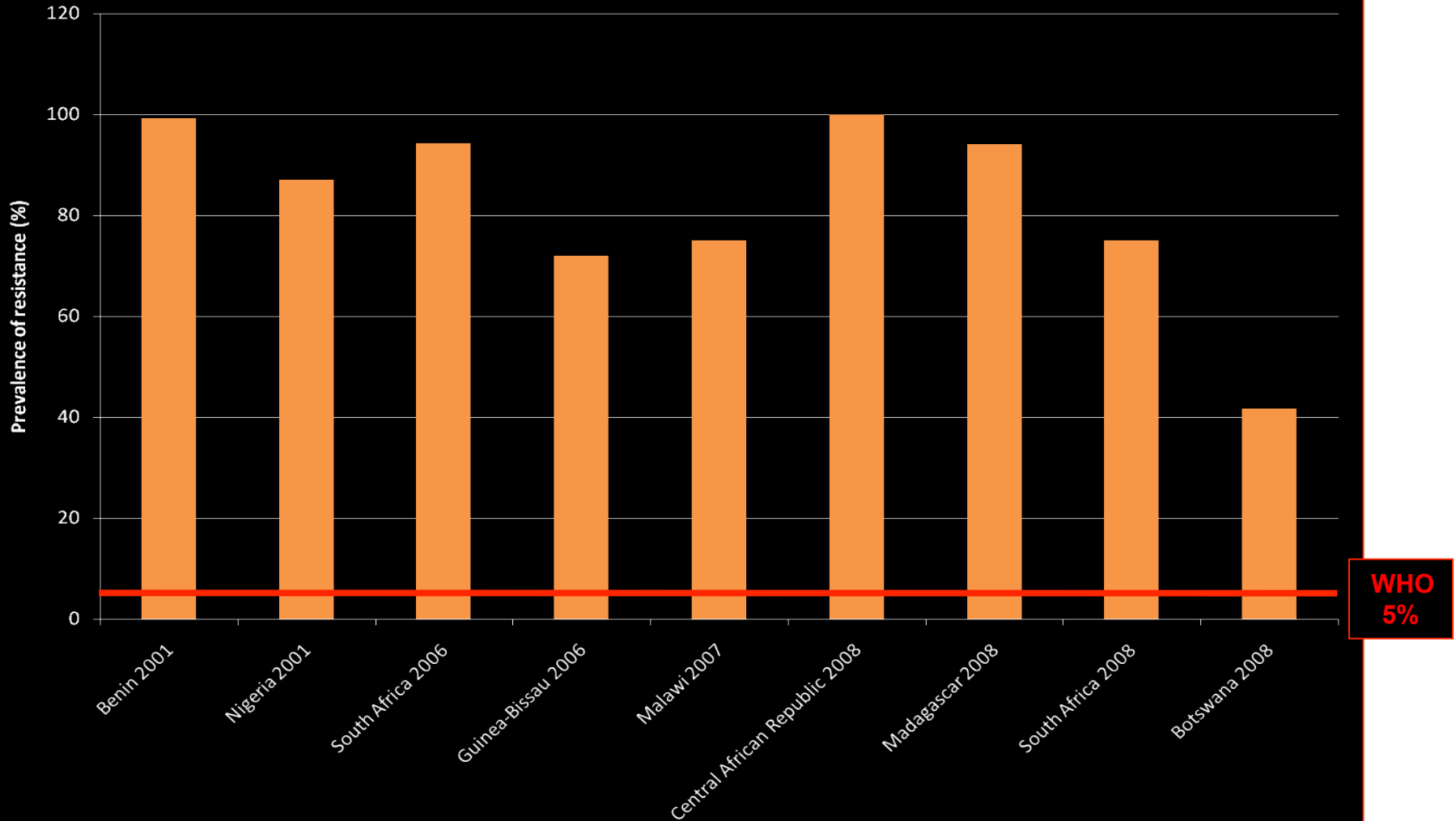
# Rise in PPNG - Cameroon (1985-2005)



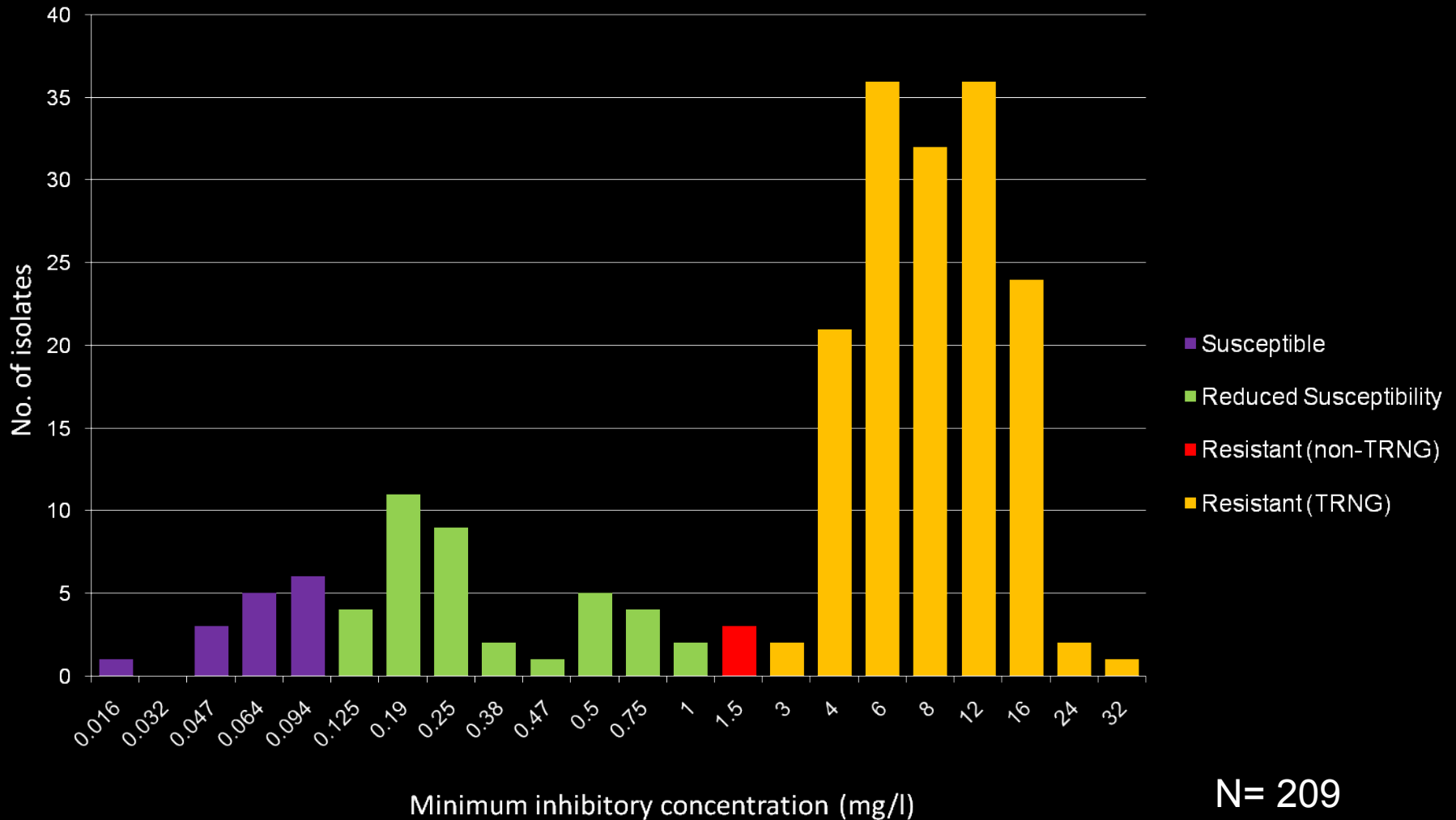
Source: Manuel de formation des prestataires de soins sur la prise en charge syndromique des IST au Cameroun. Ministry of Public Health, April 2007



# Tetracycline Resistance (2001-2011)

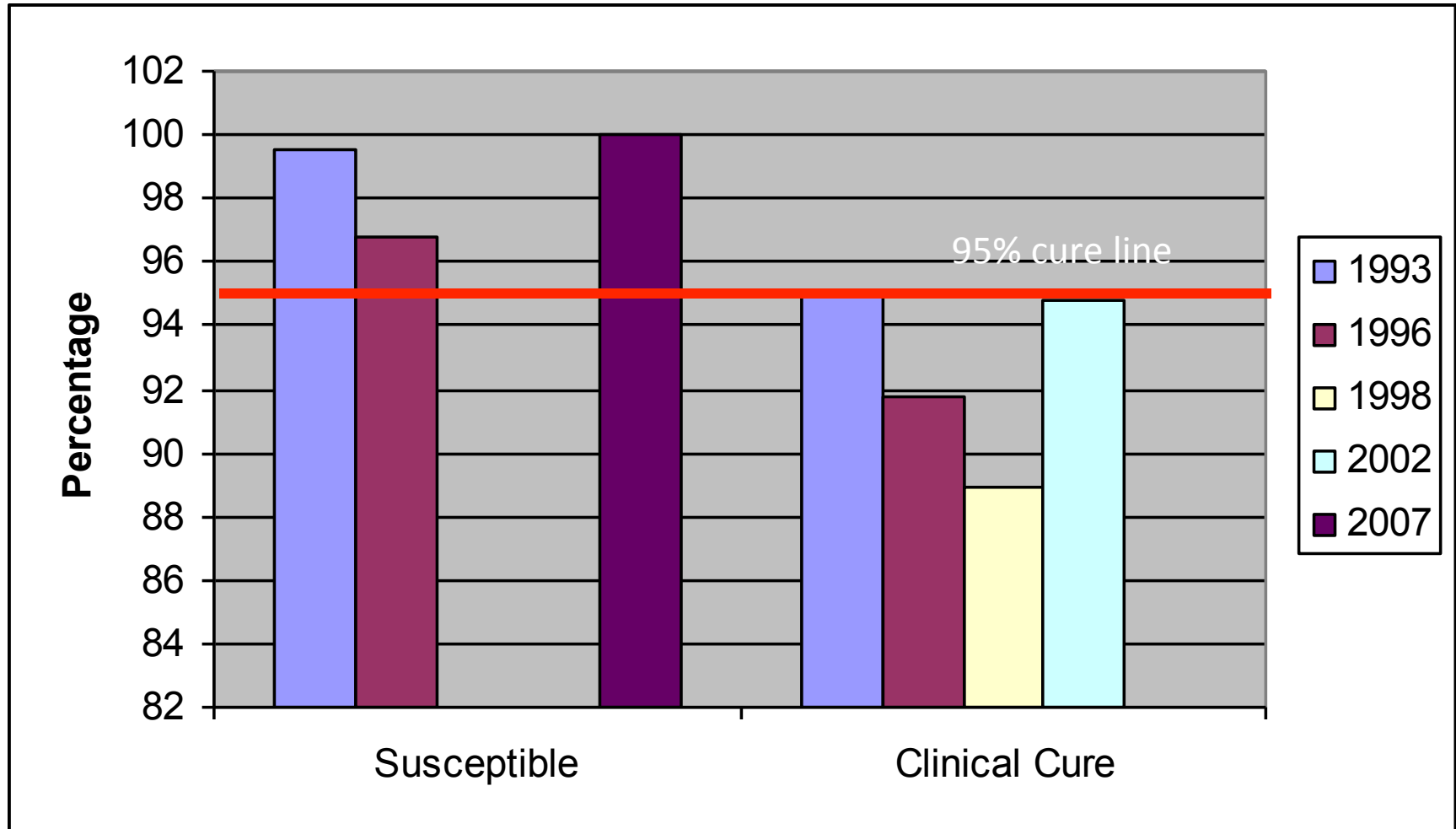


# TRNG Prevalence in South Africa (2008)





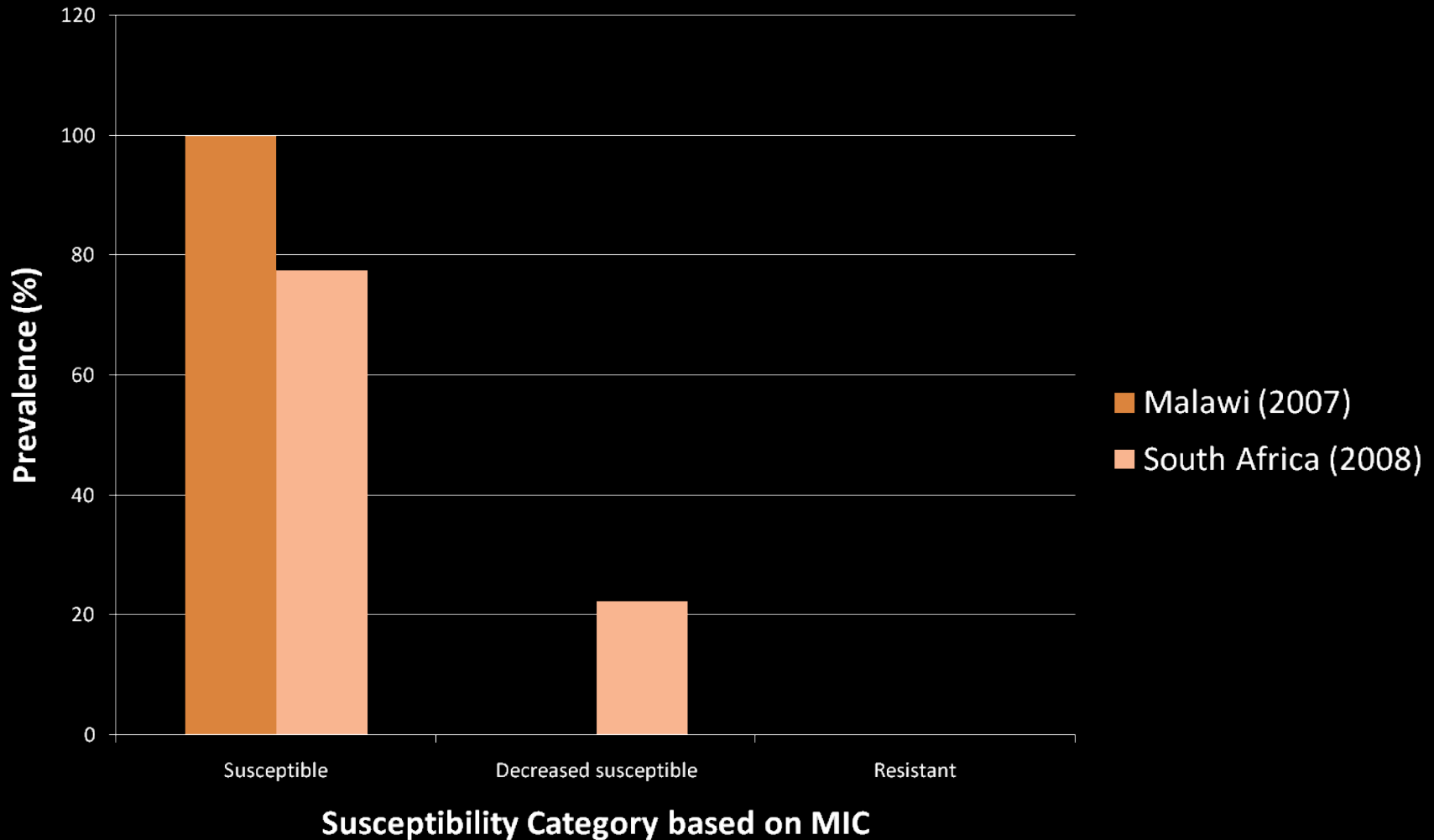
# Gentamicin use in Malawi (1993-2007)





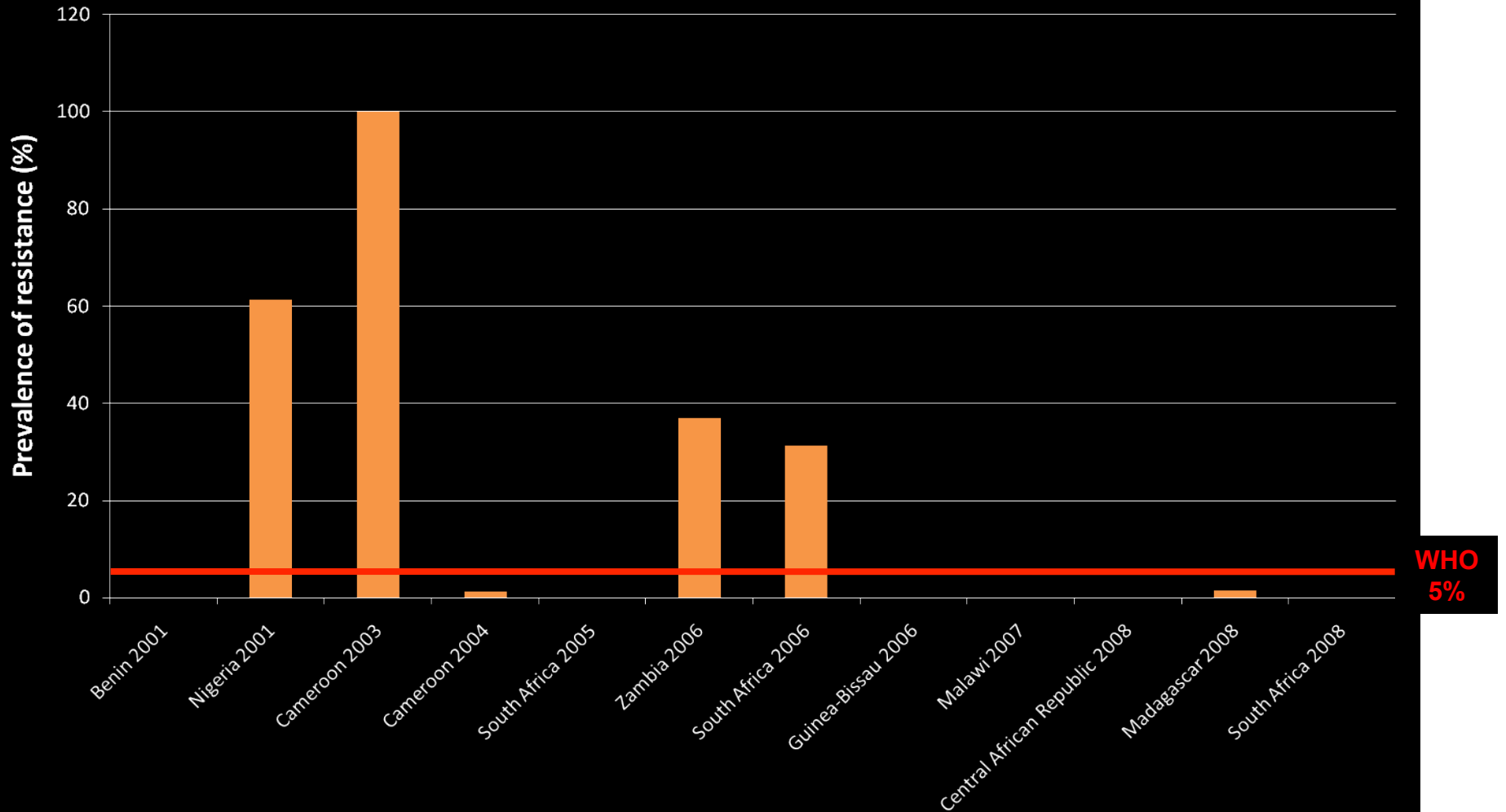


# Gentamicin (2001-2011)



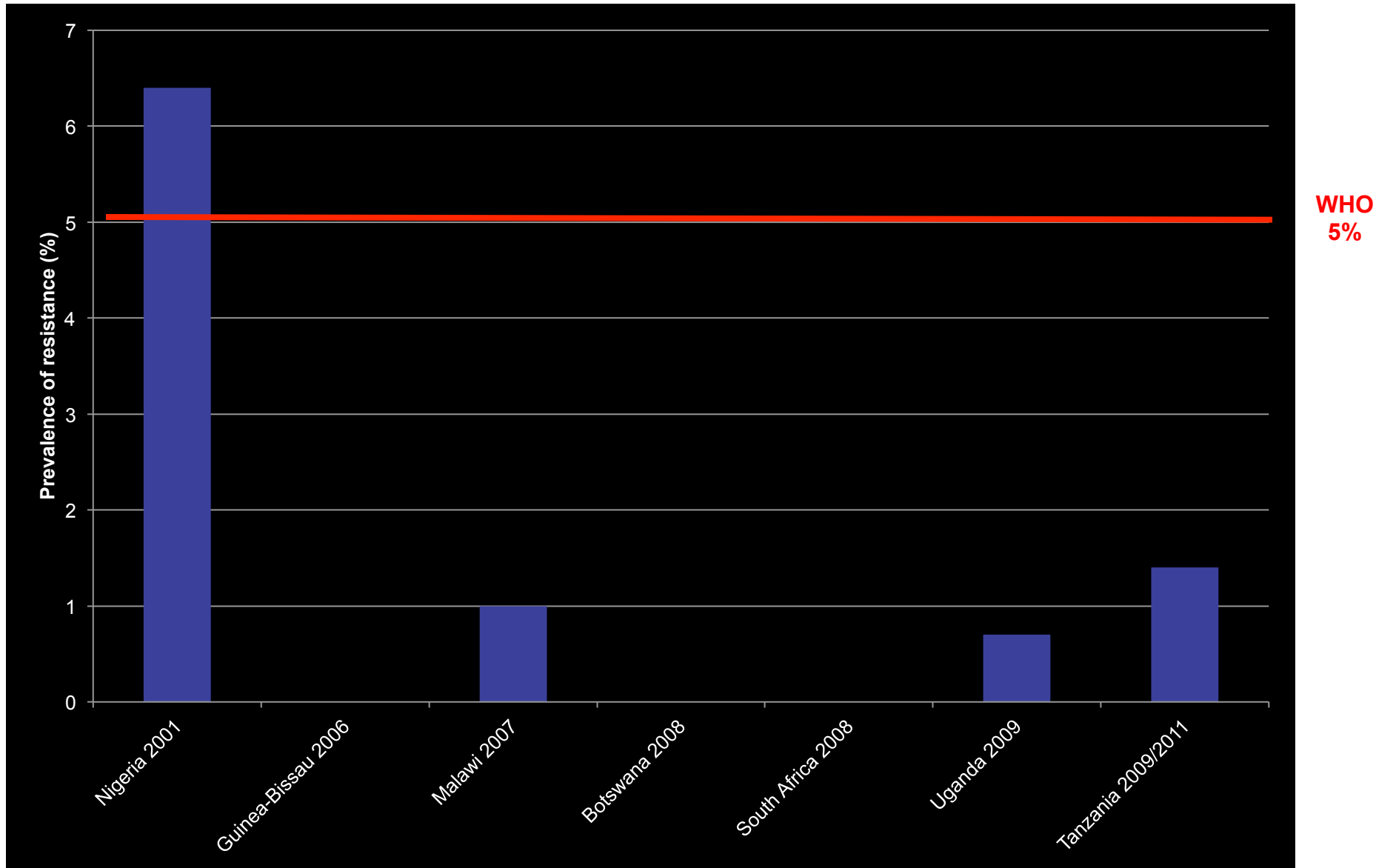


# Spectinomycin (2001-2011)

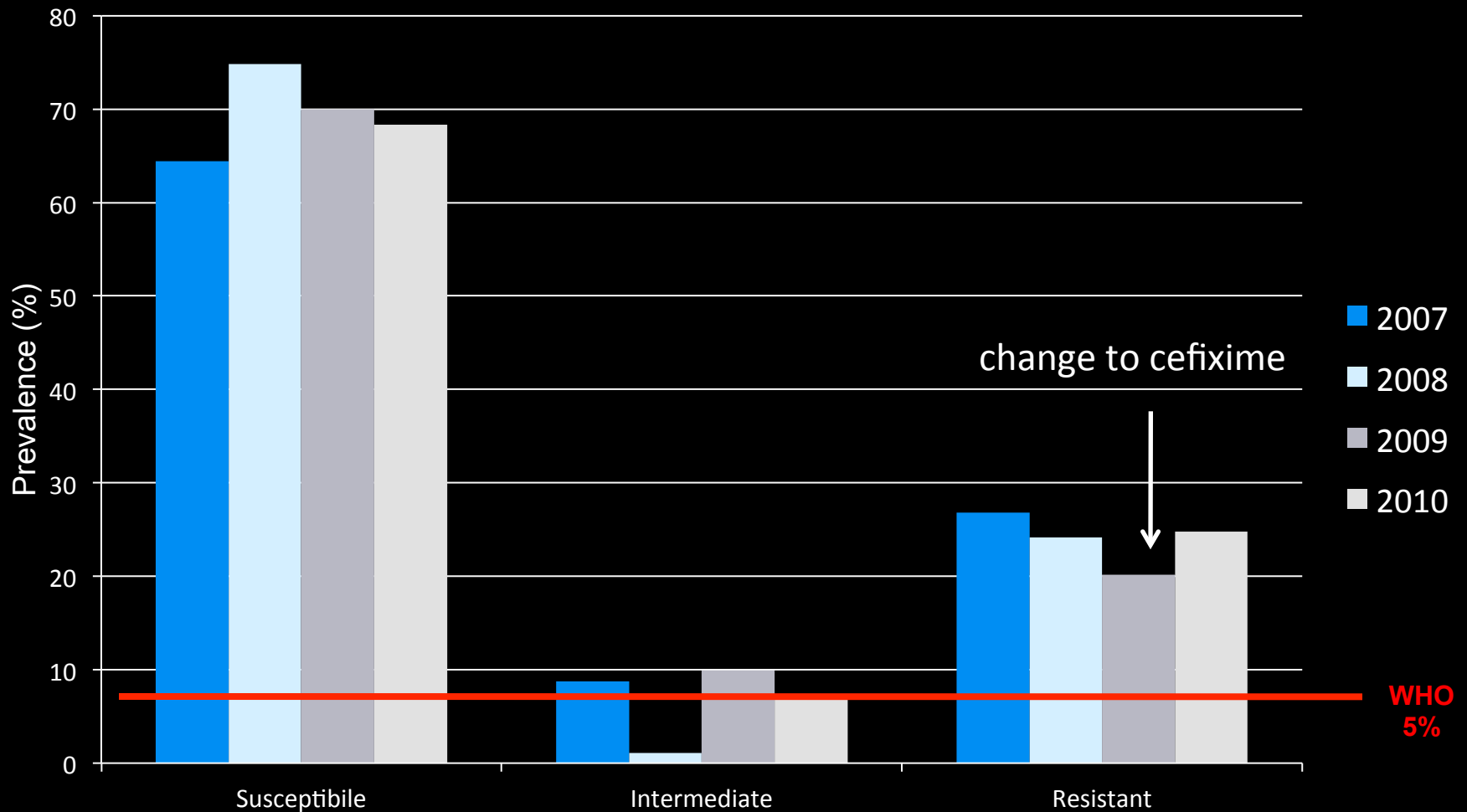




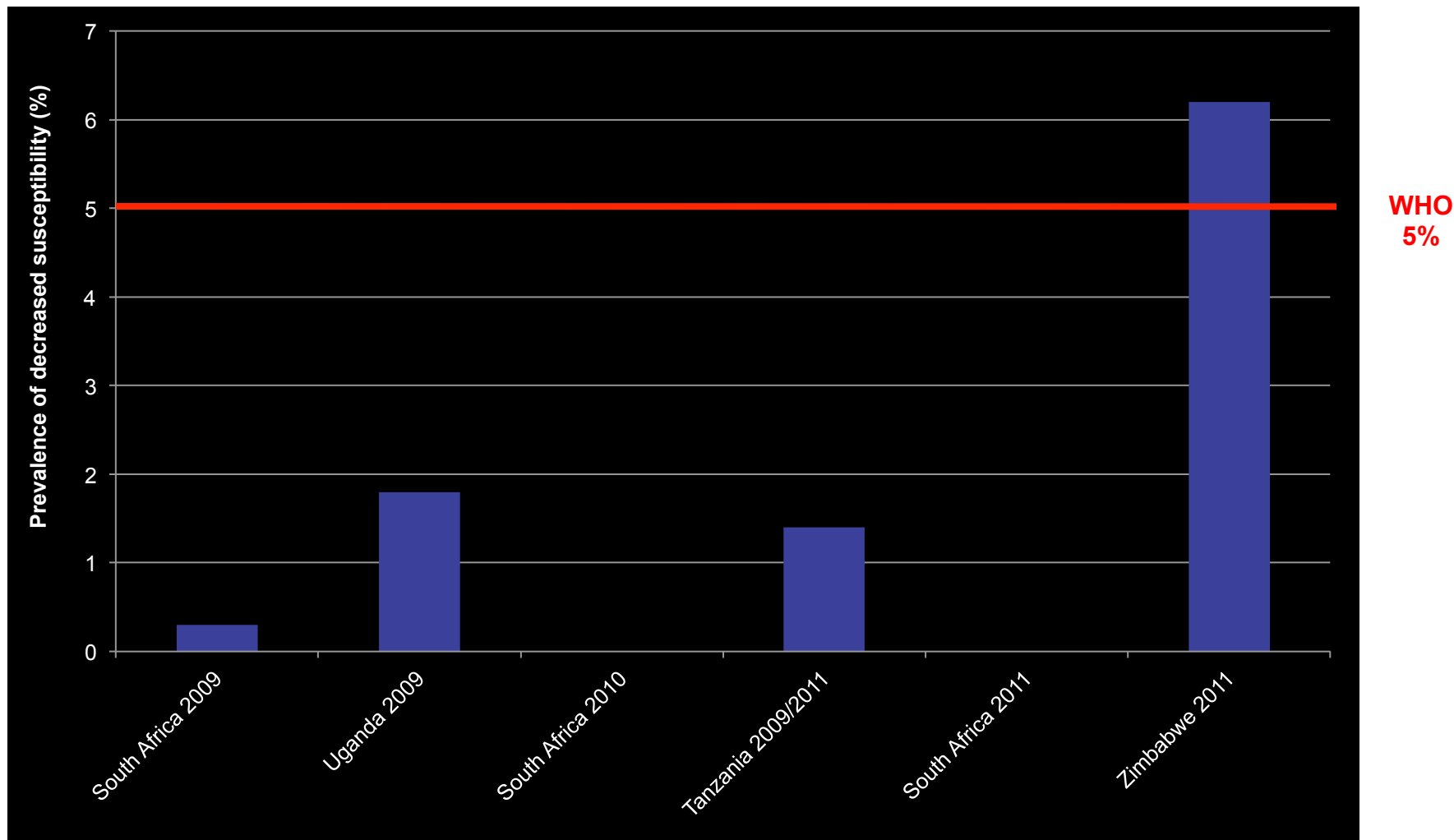
# Azithromycin (2001-2011)



# Ciprofloxacin Resistance in South Africa (2007-2010)

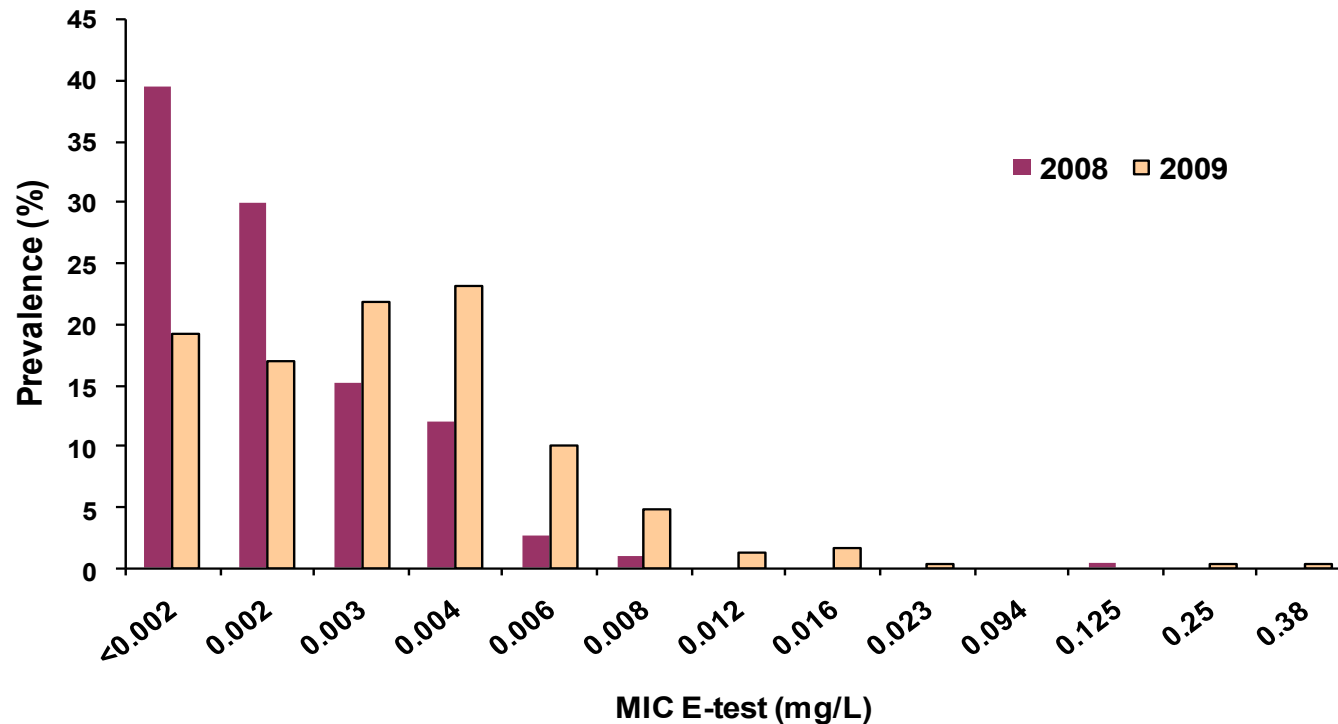


# Decreased susceptibility to Cefixime (2009-2011)



# Ceftriaxone MIC Drift

Antibiotic	Year of survey			
	2008		2009	
	Ciprofloxacin	Ceftriaxone	Ciprofloxacin	Ceftriaxone
No. of gonococcal isolates screened	286	286	304	304
No. (%) of susceptible isolates	214 (75%)	286 (100%)	213 (70%)	303 (99.7%)
No. (%) of reduced susceptible isolates	3 (1%)	0 (0%)	21 (7%)	1 (0.3%)
No. (%) of resistant isolates	69 (24%)	0 (0%)	70 (23%)	0 (0%)

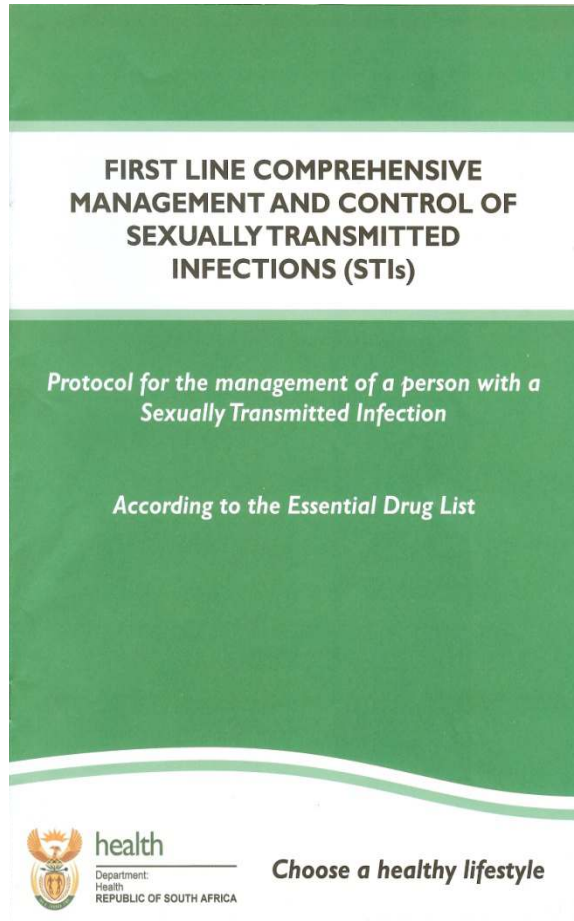


Ceftriaxone MIC drift among isolates from 2008 compared to 2009

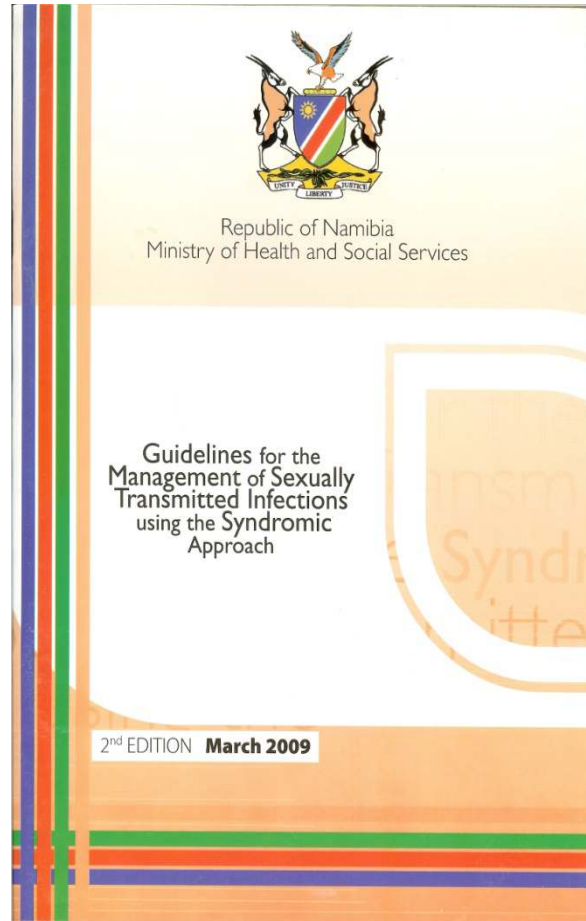
**Antimicrobial susceptibility (E test)**

		NAMIBIA				ZIMBABWE	
		2007				2011	
		Windhoek N = 66		Oshakati N = 52		Harare N = 64	
<b>Ciprofloxacin</b>	Susceptible	59	89.4%	27	51.9%	55	85.9%
	Intermediate	4	6.1%	0	0.0%	4	6.3%
	Resistant	3	4.5%	25	48.1%	5	7.8%
<b>Kanamycin</b>	Susceptible	N/A	N/A	N/A	N/A	62	96.9%
	Intermediate	N/A	N/A	N/A	N/A	0	0%
	Resistant	N/A	N/A	N/A	N/A	2	3.1%
<b>Ceftriaxone</b>	Susceptible	64	97.0%	51	98.1	62	96.9%
	Decreased susceptible	2*	3.0%	1**	1.9%	2*	3.1%
<b>Cefixime</b>	Susceptible	N/A	N/A	N/A	N/A	60	93.8%
	Decreased susceptible	N/A	N/A	N/A	N/A	4*	6.2%

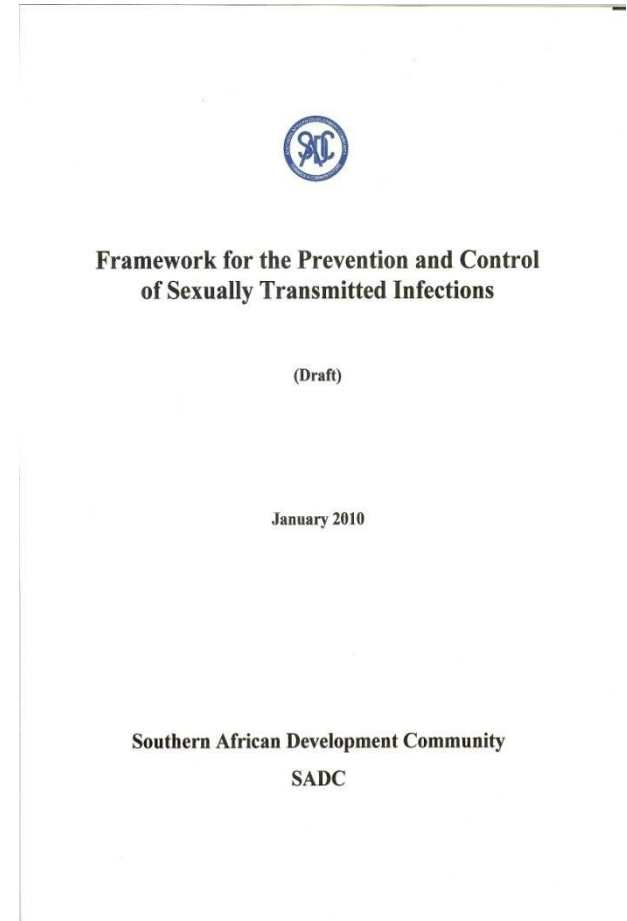
# New Surveillance-Driven Guidelines



**South Africa  
(2008)**



**Namibia  
(2009)**



**SADC Region  
(2010)**



# Afro-GASP Encountered Challenges - I

- **Specimen collection** – loss of skill by nurses trained in syndromic management, need for ethical and other committee approval, costs for these approvals, lack of appreciation by national health ministries that these surveys should be a routine part of syndromic management
- **Media preparation** – problems with obtaining reagents, media QC and contamination
- **AMR testing** – deskilled laboratory staff following implementation of syndromic management, lack of skills retention in public health laboratories, lack of training opportunities
- **Contamination** - after primary *N. gonorrhoeae* isolation/identification and/or during the AMR testing process, lack of attention to repeat Gram staining, lack of appreciation of the need to repeat spurious results
- **Stocking** – lack of access to -70°C freezers, inadequate volumes of bacteria, use of old bacterial cultures, failure to do this in duplicate, use of only one freezer to store specimens, electrical power cuts and lack of generators

# Afro-GASP Encountered Challenges - II

- **Transport of Specimens** – high rate of loss of gonococci in transit, unable to confirm potentially important findings
- **Quality Control** – until recently, lack of a regional approach in terms of quality control (new WHO control strains, setting up of EQA programme)
- **Reference Laboratory Support** - lack of *N. gonorrhoeae*-competent laboratories in the region at present, need for training and skills development, laboratories still being asked to send their stains out of Africa for EQA exercises and specialised molecular resistance testing
- **Funding** - lack of funding remains a key challenge, competition with other non-STI HIV prevention activities, loss of interest in STIs by donor funding agencies post-ACV trials
- **In-country Commitment** - lack of national prioritisation to support GASP activities, slow action in terms of changing national STI treatment guidelines
- **Leadership** – Limited leadership in the Afro Region to support the GASP programme and to engage in dialogue with National Health Ministers

# Conclusions - I

- Many countries have little or no recent data and gonococcal antimicrobial resistance - there is also a paucity of recent data in the literature
- Cephalosporins, azithromycin, spectinomycin and gentamicin remain reliable agents based on most recent survey-derived data
- Quinolone resistance has increased markedly in Southern and East Africa and there are also recent data to suggest resistance is occurring in West Africa
- Historically observed rapid evolution of macrolide and spectinomycin resistance suggests that these agents should be kept as 2<sup>nd</sup>/3<sup>rd</sup> line options for specific treatment of gonococcal infections in Africa
- Availability of spectinomycin is in limited supply/absent in most of Africa
- Concern exists over the development within, or importation into, Africa of gonococci with decreased susceptibility to cephalosporins in the near future
- As part of an integrated gonorrhoea control strategy, it is important to perform/establish/support regular quality-controlled surveillance among cultured *Neisseria gonorrhoeae* isolates to monitor antimicrobial resistance

# Conclusions - II

- For GASP to be sustainable there should be national buy-in and prioritisation of the surveillance activities
- Good feedback through annual reporting and meetings
- Maintenance of motivated staff in the programme
- Engage donors and governments for sustainable funding

EDITORIAL

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**Sustainable Antimicrobial Surveillance Programs  
Essential for Controlling *Neisseria gonorrhoeae*  
Superbug**

*Jo-Anne R. Dillon, PhD*

Sexually transmitted Diseases • Volume 38, Number 10, October 2011



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Thank you!