

## Infection Prevention & Control Initiatives in SA and Antimicrobial Resistance



Adriano G Duse - Chair: GARP South Africa NHLS & University of the Witwatersrand Meeting 8-9 February 2010, Stellenbosch





# Anti-infectives resistance policy strategies:

- Strategies that reduce demand
  - Extending the therapeutic life of existing drugs by reducing need for anti-infectives
    - Reduction of anti-infectives prescribing + ? other strategies: topical, antimicrobial impreganted devices, immunomodulation, probiotics)
    - Lower burden of infections and therefore need of antimicrobials (immunization, infection control)
    - Determine role of cycling, combination therapies & antibiotic heterogeneity, to delay emergence and spread of resistance
- Strategies that address supply
  - Development of new antimicrobials
  - Reduce incentives to oversell existing drugs

### Infection Prevention & Control (IPC):

Challenges:

- Focus is on mainly HCFs
- Reluctance to invest in IP&C programs because:
  - Often cheaper to use antibiotics
  - IP&C costs are borne by the HCFs
  - Anti-infectives prescribing covered by health insurers

### Challenges of reducing AMR:

QUALITY HEALTH CARE; ECONOMICS (VESTED INTERESTS); NATIONAL, GLOBAL CONCERNS...

PREVENT TRANSMISSION

RESTRICT/ OPTIMIZE USAGE COMMUNITY

IC

AMR

HOSPITAL



SURVEILLANCE: LOCAL, NATIONAL, GLOBAL AGRICULT/
VETERINARY

COST EFFECTIVENESS; EFFICACY;
ACCOUNTABILITY/RESPONSIBILITY; RESEARCH

### The Reality of the Risk:

7.6 % adult patients in UK & Ireland

- 8.2% adult patients in England
   (3<sup>rd</sup> National Prevalence survey 2006)
- A proportion of patients who develop HCAI will die and for many others it is a major contributory factor in their death

### **IP&C** in South Africa:

- Extent of the problem of HCAIs poorly defined
- Adequate surveillance systems are weak or non-existent
- Outbreak responses GENERALLY REACTIVE, NOT PROACTIVE
- Education, political support, staffing, and infrastructure POOR
- Whose responsibility is it? Lack of accountability

# Gauteng's hospitals of neglect

Patients and truris ficulties tell of orgonis in provincial markly institutions on the first day of public hearings.

#### AT STREET PROPERTY

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### SA'S deadly new plague

Top doctor warns that hospital infections could soon rival Aids and malaria



Hospital diagnosis is no comfort to bereaved parents

NEWS

Sunday Times 5



#### THE SUPERBUG MENACE

Superbugs are bacteria that are resistant to one or

### Worldwide alarm at virulence of bacteria

Misuse of antibiotics spawns bugs immune to every weapon in medicine's arsenal

# Gauteng Hospital Situational Analysis:

- Questionnaires sent to 18 HCFs in Gauteng
- 61%: NO established ICCs
- Hospitals with ICNs: 50% nil; 22% 1 ICN; 28% 2-3 ICNs
- 32% ICNs not trained; 21% 3-day training course; 36% 6-month training course; 11% "other"
- Surveillance: 11% nil; 30% lab-based; 24% comprehensive; 16% targeted; 19% "other"; 22% spent > 50% of time on surveillance
- % Time spent on Staff Education/week: 72% spent < 10% of time on Staff Education
- Other commitments: OH&S (~ 11% respondents spending > 50% of time on OH&S); waste disposal (ranged from 0-90%!, with ~ 17% of respondents spending > 50% of time on waste)

#### THE MICHAEL EMMERSON



S.A. Health-care-associated Infection Surveillance Centre.

#### Founder Members:

Professor Emeritus Michael Emmerson, O.B.E.

E.T.M. Smyth

A.G. Duse J.R. Edwards T. Horan

L. Doherty

G. McIlvenny

A. Nair M.E. Pringle

G. Sharp

Room 3T05, Level 3, Wits Medical School Division of Clinical Microbiology and Infectious Diseases School of Pathology of the NHLS and University of the Witwatersrand, 7 York Road, Parktown, 2193 Johannesburg















A C C R E D I T E D L A B O R A T O R Y









# Considerations when creating a surveillance system:

Goal of the surveillance system (why?)

Engage the stakeholders (who?)

 Surveillance method (which?, how?, when?)

Available resources

### Objectives:

- Reducing infection rates
- Establishing endemic baseline rates
- Identifying outbreaks
- Identifying risk factors
- Persuading medical personnel
- Implementing interventions
- Evaluate control measures (interventions)
- Satisfying regulators
- Document quality of care
- Compare hospitals' HCAI rates

### Surveillance surveys:

- Prevalence studies: initial benchmarking & ID of high-risk areas
- Periodically repeated for trends
- In-between prevalence studies: targeted surveillance
- Then aim towards incidence data: targeted by site

### Use of prevalence surveys:

Show trends

- Estimate
  - distribution of HCAIs
  - surveillance accuracy
  - antimicrobial usage patterns

Raise awareness

### The surveillance loop:

Health care system

**Event** 

Action

Surveillance centre

Reporting

Data

Information

Analysis, interpretation

Feedback, recommendations



# AN OVERVIEW OF THE GAUTENG PROVINCIAL MULTI-HOSPITAL PILOT SURVEY







### Aims of project: Pilot study 2005

- To pilot the tool that could be used for a Gauteng Provincial/National Nosocomial Infection Prevalence Survey
- To determine, hopefully more realistic, prevalence rates of uniformly defined NIs in South African health-care facilities
- From the above, where microbiology data is available, distinguish between colonization, pseudo-infection and infection
- Link antimicrobial resistance (AMR) profiles to colonizing versus infecting organisms to get a true perspective of the clinical relevance of AMR data

### Background:

- Study performed over a 3-month period, between March 2005 – May 2005
- Two academic, 2 provincial, 2 private hospitals
- Four NIs surveyed: BSIs, UTIs, LRTIs, SSIs
- Total number of beds surveyed = 2 672

### Overall prevalence rate for the 4 surveyed infections 9.73% (260/2672)

Hospital	BSI rate	UTI rate	RTI rate	SSI- surgical	Prevalence rate for 4 active infections surveyed
Hospital #1 (731 beds surveyed)	6.7	1.1	1.2	1.4	9.05
Hospital #2 (593 beds surveyed)	4.9	3.0	4.4	2.9	11.17
Hospital #3 (376 beds surveyed)	10.4	0.5	3.2	2.8	15.73
Hospital #4 (532 beds surveyed)	1.5	8.0	0.6	1.7	15.42
Hospital #5 (214 beds surveyed)	1.9	3.7	10.7	1.5	5.08
Hospital #6 (226 beds surveyed)	2.2	0.4	1.8	0.9	4.02

### Service groups and infection rates:

Service groups	BSI rate	UTI rate	RTI rate	SSI- all	SSI- surgical	Prevalence rate for 4 active infections surveyed
Medical	4.7	3.0	1.6	0.3	0.5	8.7
Surgical	4.1	0.9	2.2	2.7	3.5	8.4
Intensive Care	12.5	4.5	17.9	1.8	2.3	28.6
Gynaecology and Obstetrics	0.6	0.6	0.9	1.7	3.3	3.5
Paediatrics	10.2	1.1	4.9	0.2	0.3	16.5
Other services	2.2	0.4	1.8	0.4	0.9	4.02

#### Data collection form 1- general parameters:

- Patient demographics
- Medical risk factors
- Surgical risk factors & other invasive procedures
- Device-related risk factors
- Antibiotic and non-antibiotic therapy during admission

#### Surveillance of Healthcare-Associated Infection

Surveillance Manual (Version 1.1) February, 2003

Developed by Infection Control Team

The Royal Hospitals

Belfast

		Q2 Directorate Q3 Ward numb	er Patient's name
D D M M	Y Y Y		
04 Admission date to hosp	ital	Q5 Hospital number	Q6 Gender
0. 0 M M	* * * *	The plant of	Male Female
D D M M  Q10 Admission diagnosis 1	Y Y Y Y	Emergency	las patient transferred? Yes, from another hospita Yes, from another ward No  More than 2 diagnoses
			Yes No
COAD Stroke/paraplegic Diabetes Malnourished (intravascular lines Venous (periph) Arterial (periph) Central		g Urethral closed ytopaenia None	020 Duration of other vascular device
PICC  O21 Therapy this admission	Q22 Antibiotics this	Q23 Non-surgical break in skin Q24	Type of break
Steroids	admission No	Yes I No	Vascular ulcer Pressure sore Vascular & pressure
Blood Chemotherapy Cytotoxic	Prophylaxis Therapy		Diabetic ulcer Other