World-wide inventory of antimicrobial stewardship initiatives:

where we are and how to go on...

Gabriel Levy Hara Buenos Aires, Argentina Co-chair ISC Antimicrobial Stewardship Working Group

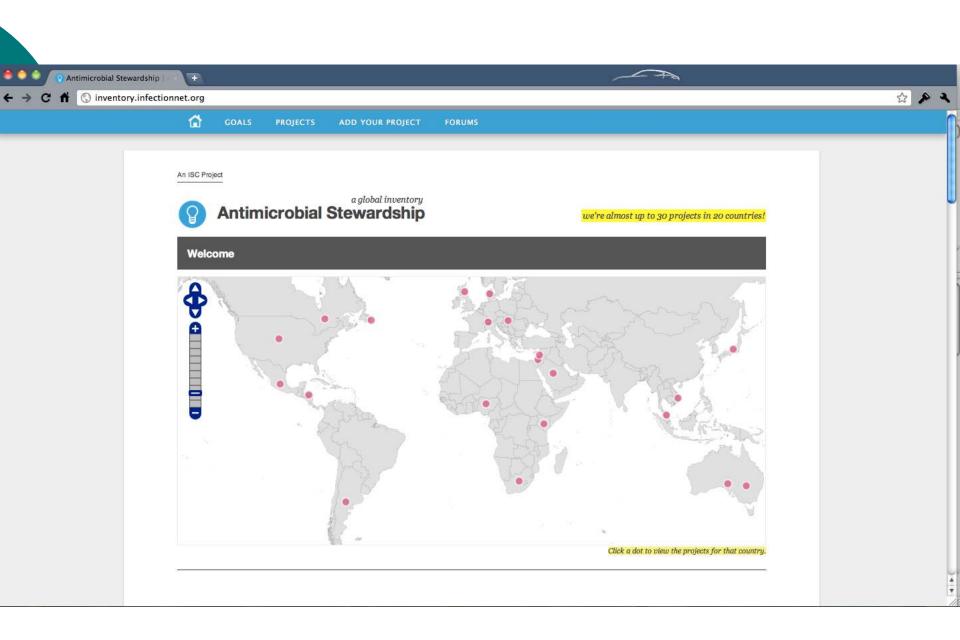


ISC Antimicrobial Stewardship Working Group: just to begin...

• Two years ago, we proposed ourselves to create this WG.

- One of our aims was to create a worldwide web-based compilation of antimicrobial stewardship efforts and activities, the people involved with them, their products and accomplishments.
- We currently have about 30 contributions from our members

http://inventory.infectionnet.org/



## Which kind of interventions have we collected?

- Antimicrobial Consumption
- Educational
- Restrictive
- Organizational
- Structural

Antibiotic Consumption in Hospitals of Buenos Aires City	Argentina
<u>South Australian Antimicrobial Usage Surveillance Program</u> ( <u>SAAUSP)</u>	Australia
Newfoundland Optimal Antibiotic Project	Canada
Do Bugs Need Drugs?	Canada
<b>DANMAP (Danish Integrated Antimicrobial Resistance</b> <b>Monitoring and Research Programme)</b>	Denmark
Happy Audit	Denmark
<b>Programa de Uso de Antibióticos en el Hospital Carlos Andrade</b> <b>Marín</b>	Ecuador
Antimicrobial Use in Latin American countries	Honduras
<b>Restriction based on price of Antimicrobials</b>	Hungary
Israel ESAC project group	Israel
Antimicrobial consumption surveillance program using WHO ATC/DDD system among hospitals in Tokai area, Japan	Japan
<u>American University Of Beirut Medical Center Antimicrobial</u> <u>Stewardship Program</u>	Lebanon

Malaysia National Infection and Antibiotic Control	Malaysia
Malaysian National Medicines Use Survey	Malaysia
<b>Regulation of the sale of antibiotics at drugstores</b>	Mexico
A two year audit of vancomycin utilization in surgical and medical ICUs	Saudi Arabia
The 4 C's	Scotland
Antibiotic Stewardship Committee at public sector hospitals	South Africa
Best CareAlways! Campaign: Antibiotic Stewardship initiative	South Africa
Swiss hospital antibiotic working group	Switzerland
Antimicrobial Stewardship Program Survey of Knowledge, Perceptions and Beliefs towards antimibrobial use and antimicrobial resistance	United States
Tan Tock Sen Hospital Antimicrobial Stewardship Program	Singapore
Antibiotic use and resistance in children in Vietnam	Vietnam
Assessing and improving utilization of antibiotics and other drugs in Vietnam	Vietnam
Situation analysis of antibiotic use and resistance in Vietnam	Vietnam

## **Antimicrobial Consumption**

# Antimicrobial Use in Latin American countries

### **Principal Investigator:** JL Castro

### Other Investigators:

Gabriel Levy Hara, Mauro Castro, Sergio Munoz

### **Primary Country:**

Honduras, Nicaragua, Peru and Paraguay

### **Project Description:**

A comparative measure of antibiotic consumption in four Latin American countries utilizing two survey methods:

- Household users aproximately 5000 surveyed in each country.
- Points of sale (mostly pharmacy exit interviews) same number of people surveyed.

## Prevalence of ATB consumption, last 6 months, household survey.

	Nicaragua	Honduras	Paraguay	Peru
			· araguay	
N° of ATB consumers last semester/ N of people surveyed	1198/5557	901/5381	851/5724	1446/5305
% of people who consumed ATB	21.5	16.7	14.9	27.3
Households where one member used ATB last 6 months	28.8	43.6	23.6	40.9
Households where two or more members used ATB last 6 months	27.2	13.2	17.0	29.8
N° of ATB treatments received during last 6 months (per person who consumed ATB) 1 2 3 or more	41.8 26.4 31.3	59.4 23.5 17.1	65.0 20.7 13.9	37.3 31.1 31.6
N of ATB used by consumers	1275	966	907	1449

## ATB used on last occasion, households' survey

Nicaragua		Honduras		Paraguay Po		Peru	
Antibiotic	%	Antibiotic	%	Antibiotic	%	Antibiotic	%
Amoxicillin	46.8	Amoxicillin	46.6	Amoxicillin	67	Amoxicillin	47.4
Benzathine Penicillin	11.8	Ampicillin	10.1	Cephalexin	10.6	Cotrimoxazole	13.4
Cotrimoxazole	10.1	Cotrimoxazole	8.8	Chloramphenicol	4.5	Ciprofloxacin	7.6
Ampicillin	4.1	Tetracycline	5.8	Azithromycin	3.8	Ampicillin	6.2
Tetracycline	3.7	Non- Benzathine Penicillin	4.3	Cotrimoxazole	2.4	Dicloxacillin	4.6
Dicloxacillin	3.7	Dicloxacillin	2.8	Ciprofloxacin	2.2	Penicillin	4.1
		Benzathine Penicillin	2.3	Penicillin	1.4	Erithromycin	3.4
				Erithromycin	1.2	Chloramphenicol	2.9
				Cefixime	0.9	Cephalexin	2.0

## Analysis of adequate use of antibiotics, Households' survey

- According to the algorithm, the proportions of ATB inappropriately used were as follows:
- ✓ Nicaragua, 748/1275 (58.7%);
- ✓ Honduras, 603/901 (67%);
- ✓ Paraguay 537/907 (59.2%)
- ✓ Peru 1018/1416 (71.9%).

## **Classification of inadequate use of antibiotics**,

### households' survey

		NICA	RAGUA		
	N=	r <b>escribed</b> % of inadequate use due to this reason	N=	nprescribed % of inadequate use due to this reason	P
Lack of precise indication	415	42.3	191	64.3	<0.05
Misselection of ATB	2	1.0	2	1.0	NS
Inadequate duration	121	12.3	17	5.7	<0.05
		HONE	DURAS		
Lack of precise indication	334	46.2	180	68.2	<0.05
Misselection of ATB	10	2.5	12	6.2	NS
Inadequate duration	54	7.5	13	4.9	NS

## Classification of inadequate use of antibiotics, households' survey

		PARA	GUAY		
	N=	<b>cribed</b> % of inadequate use due to this reason	N= % of inadequate use due to this reason		р
Lack of precise indication	324	42.6	69	47.3	NS
Misselection of ATB	17	2.2	9	6.2	<0.05
Inadequate duration	126	16.6	16	11.0	<0.05
		PE	RU		
Lack of precise indication	349	43.4	345	56.7	<0.05
Misselection of ATB	60	7.4	11	1.8	<0.05
Inadequate duration	195	24.2	117	19.2	<0.05

## Comparison of misuse of ATB, last 6 months between both surveys (%)

Nicar	ragua	Hond	luras	Para	guay	Pe	ru
HS	POS	HS	POS	HS	POS	HS	POS
59	55	67	56	59	56	72	72

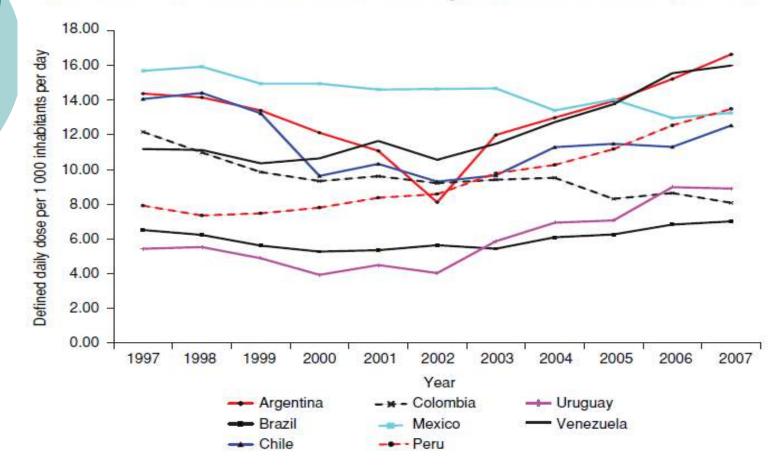
# Antimicrobial Use in Latin American countries

## **Outcome / Result:**

- Inappropriate use was very high in all countries ranging from 55 - 75%
- 75 80% of antibiotics consumed under prescription
   a relatively low prevalence of self-prescription.
- Surprisingly, in most countries the duration of treatment was more likely to be inadequate when antibiotics were consumed under prescription!
- It would appear that prescriber education must be an essential component of strategies aimed at improvement of antibiotic use in these countries.

## 10-year trends for all antibiotics

FIGURE 1. Trends of national antibiotic utilization in eight Latin American countries, 1997–2007



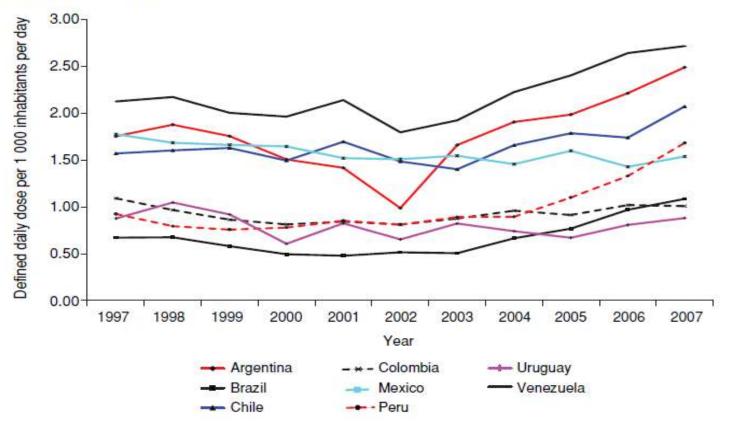
Wirtz VJ, Dreser A, Gonzales R. Trends in antibiotic utilization in eight Latin American Countries, 1997–2007. *Rev Panam Salud Publica*. 2010;27(3):219–25: 220.

## 10-year trends for macrolides

- Showed large increases in Peru (0.76 DID, +82.1%), Brazil (+0.41 DID, +61.5%), and Argentina (0.74 DID,+42.0%)
- Relatively little change or even decreases in Uruguay, Mexico, and Colombia. (Figure 3).

## 10-year trends for macrolides

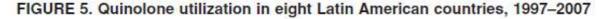
FIGURE 3. Utilization of macrolides, lincosamindes, and streptogramins in eight Latin American countries, 1997–2007

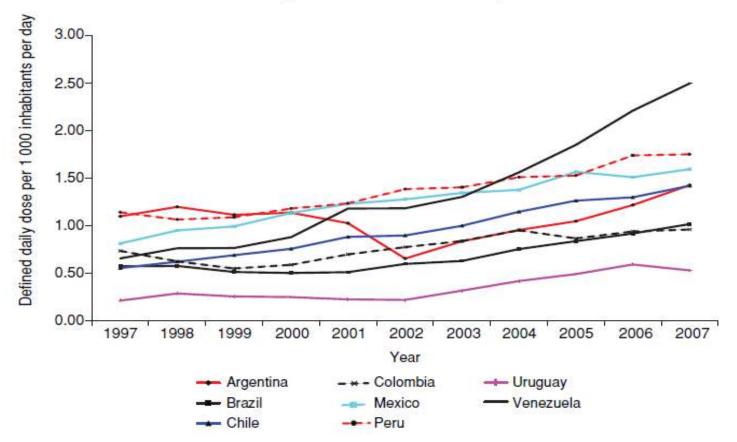


## 10-year trends for quinolones

- Quinolone utilization increased in all eight countries studied.
- The decrease in overall antibiotic utilization for Chile during the middle of the period studied does not apply to quinolone antibiotics, for which sales have increased evenly over the last 11 years.
- Whereas quinolone utilization in Chile and Uruguay doubled (0.87 DID, +157%; 0.32 DID, +152%, respectively), in Venezuela it tripled (1.86 DID, +282%).
- Quinolone use varied 5-fold among Latin American countries in 2007.
- Again, Venezuela was leading (2.49 DID) and Uruguay (0.53 DID) had the lowest utilization.

## 10-year trends for quinolones





## Antibiotic Consumption in Hospitals of Buenos Aires City

**Principal Investigator:** 

Gabriel Levy Hara

#### **Other Investigators:**

D Pryluka, W Vasen, C Carranza, V Ybarra, P Scapellato, A Molina, N Grinberg, B Ricci, R. Agugliaro, C Rodrigues, J Chuluyan, A Sisto, MJ Lopez Furst, J Herrera

#### **Primary Country:**

Argentina 11 Buenos Aires Hospitals

#### **Project Description:**

 data collected from the ICUs and Internal
 Medicine Wards of 11 hospitals (more than 70% of the beds of public hospitals of Buenos Aires).

 Consumption was measured in DDD / 1000 patient-days with comparisons made between the first 6 months of 2004 and the first 6 months of 2007.

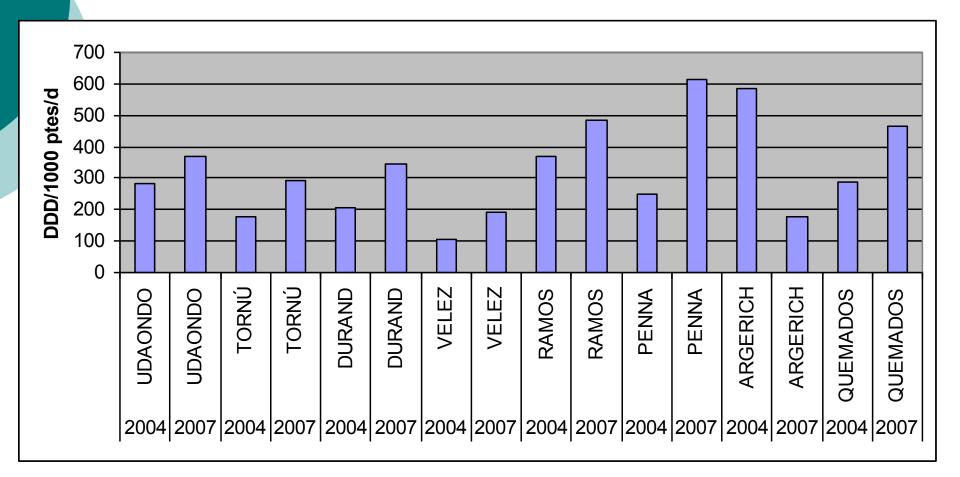
## Antibiotic Consumption in Hospitals of Buenos Aires City

**Outcome / Result:** 

- Internal Medicine Wards
- Overall use was similar between the two periods. The consumption of ciprofloxacin and piperacillin/ tazobactam significantly increased while ceftazidime and clindamycin were significantly reduced.
- There was an increase consumption of the restricted antibiotics piperacillin/tazobactam, imipenem, meropenem, colistin, tygecyclin, linezolid and vancomycin.

### BROADER SPECTRUM ATB USE AGAINST GNB Intensive Care Units, Buenos Aires

2004-2007



## Antibiotic Consumption in Hospitals of Buenos Aires City

## ICU

- Between the two periods global consumption significantly increased in two hospitals, was reduced in two and remained stable in the others.
- However, as with the internal medicine wards, the overall use of the restricted antibiotics piperacillin/tazobactam, imipenem, meropenem, colistin, tygecyclin, linezolid and vancomycin all increased significantly in the majority of hospitals, despite all hospitals having antibiotic stewardship programs.
- We concluded that the lack of resources directed to infection control activities increases transmission of resistant pathogens, directly influencing the changes in antibiotic consumption.

Antimicrobial consumption surveillance program among hospitals in Tokai area, Japan

**Principal Investigator:** Hisashi Taki

#### **Other Investigators:**

Norio Ohmagari

#### **Primary Country:**

Japan Hospitals in the Tokai area.

#### **Project Description:**

An antimicrobial consumption surveillance program utilizing the World Health Organization's ATC/DDD system with antibiotic usage density as an indicator.

## Malaysian National Medicines Use Survey

#### **Principal Investigator:**

Pharmaceutical Services Division and the Clinical Research Centre, Ministry of Health Malaysia

### **Other Investigators:**

Victor Lim

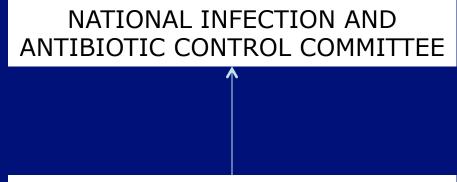
#### **Project Description:**

This involves multiple surveys at the different levels of the medication supply and distribution chain. The detailed methodology is described in the annual reports which are available on-line at <u>www.crc.gov.my</u>

#### **Outcome / Result:**

The consumption of antibiotics in 2006 was estimated to be 8.93 DDDs per 1000 population/day

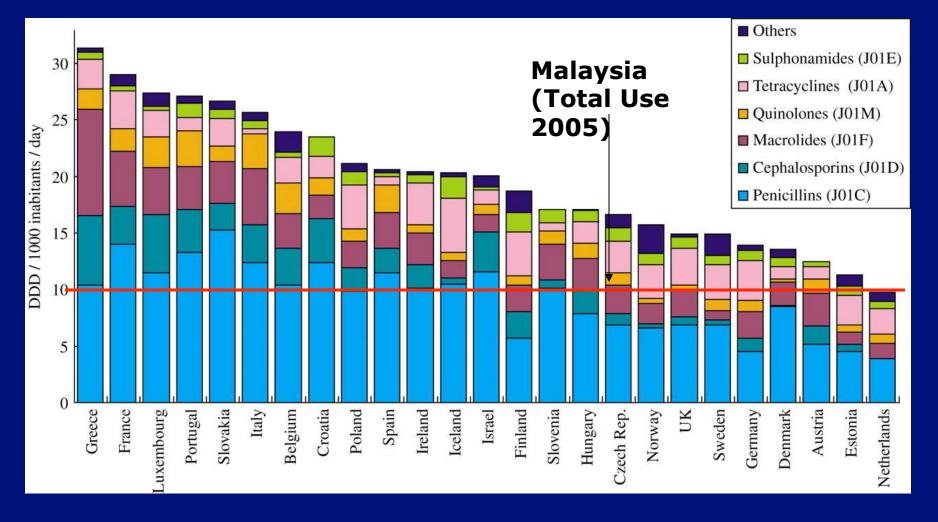
## **Governance and Management**



#### STATE INFECTION AND ANTIBIOTIC CONTROL COMMITTEE

#### HOSPITAL INFECTION AND ANTIBIOTIC CONTROL COMMITTEE

## OUTPATIENT ANTIBIOTIC UTILISATION IN EUROPE (2003)



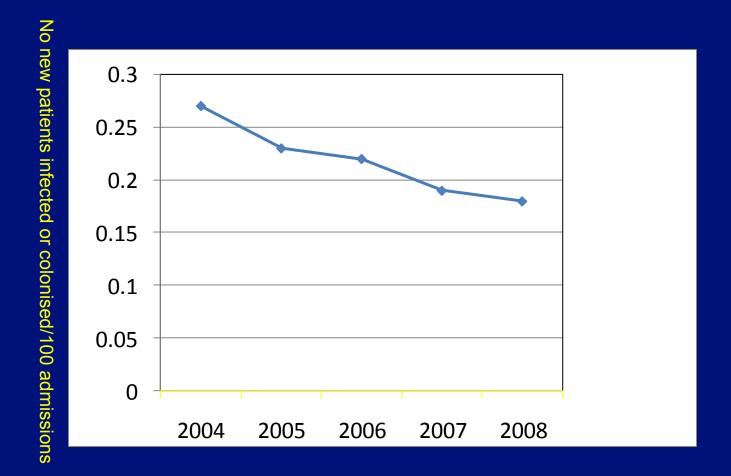
Ferech et al. J. Antimicrob Chemother 2006 58 :401-407

## ANTIBIOTIC USE IN MALAYSIAN GOVERNMENT HOSPITALS DDD/100 ADMISSIONS IN 2005

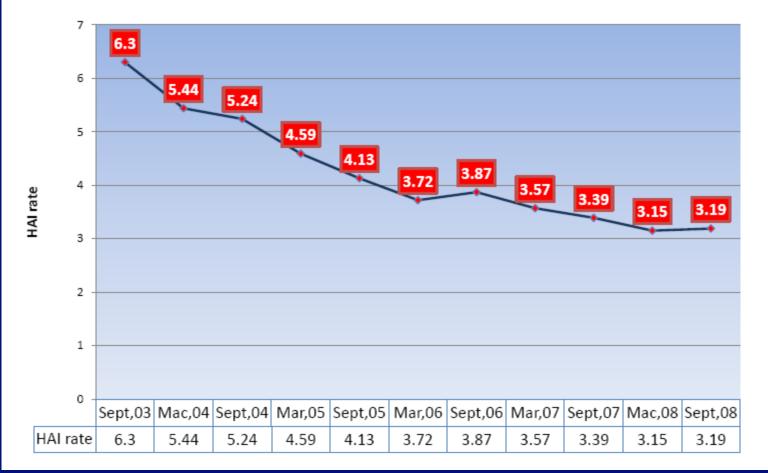
ANTIMICROBIAL CLASS	MEAN USAGE	Dutch Hospitals (2001)*
CEPHALOSPORINS	48.18	42.3
QUINOLONES	5.48	38.0
CARBAPENEMS	2.72	2.4
GLYCOPEPTIDES (VANCOMYCIN)	1.91	3.2

\*Filius et al. J. Antimicrob. Chemother 2005; 55: 805 - 808

## 5 Year National Trend of MRSA Rates in Malaysia (2004 – 2008)



## National Trend of HAI prevalence rates over 5 years (2004-2008)



## National Australian Antimicrobial Usage Surveillance Program (NAUSP)

The NAUSP collects antimicrobial consumption data from a growing number of Australian principal referral hospitals (currently 29, equivalent to 50% of major city principal referral hospitals in Australia). Data is derived from pharmacy dispensing records and is confined to usage in acute care settings. Usage rates are reported as Defined Daily Doses (WHO ATC criteria) per 1000 Occupied Bed Days.

# South Australian Antimicrobial Usage Surveillance Program (SA AUSP)

#### Principal Investigator:

Vicki McNeil

#### **Other Location Information:**

Adelaide, South Australia

#### **Project Description:**

- The SA AUSP collects antimicrobial consumption data from 13 SA metropolitan hospitals (7 public and 6 private) and 20 regional hospitals.
- Usage rates are reported utilizing the WHO ATC methodology in Defined Daily Doses per 1000 Occupied Bed Days.
- Individual contributors use the SA AUSP reports to benchmark their usage against their peers.
- Depending on the casemix of their hospital and local resistance patterns, they are able to decide if misuse of antibiotics is a possibility, and decide if more detailed intervention is warranted.

# South Australian Antimicrobial Usage Surveillance Program (SA AUSP)

#### **Outcome / Result:**

• Reporting for the metropolitan hospitals occurs every 2 months (regional hospitals less frequently):

- third/fourth generation cephalosporins
- glycopeptides
- ✓ carbapenems
- fluoroquinolones
- aminoglycosides
- antipseudomonal penicillin/beta-lactamase inhibitors.
- The comparator for each of these time series charts is the aggregate usage rate of all contributors.
- Separate usage rates are given for consumption in Intensive Care Units (ICUs), and non-ICU services where possible.

South Australian Antimicrobial Utilisation Surveillance Program and National Antimicrobial Utilisation Surveillance Program (NAUSP)

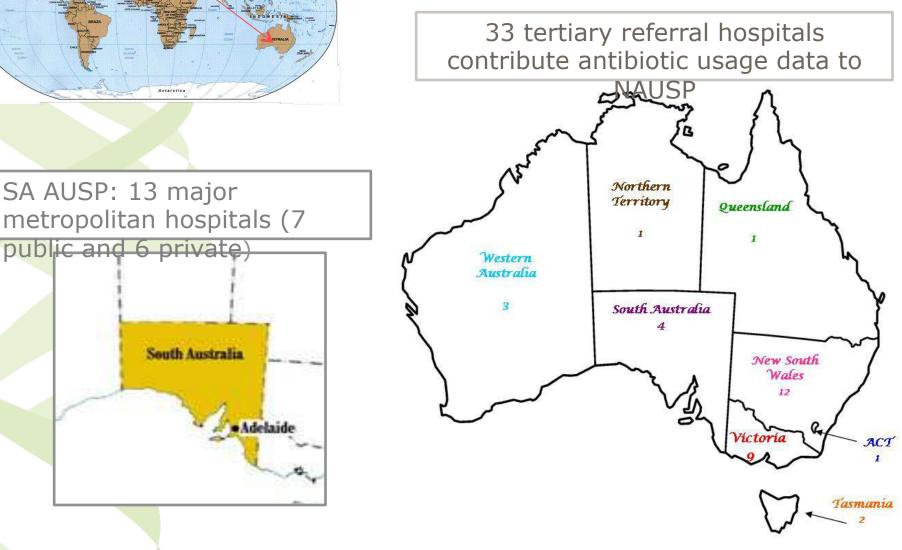
Information from Vicki McNeil, Infection Control Service, Communicable Disease Control Branch, SA Health.



Government of South Australia

SA Health



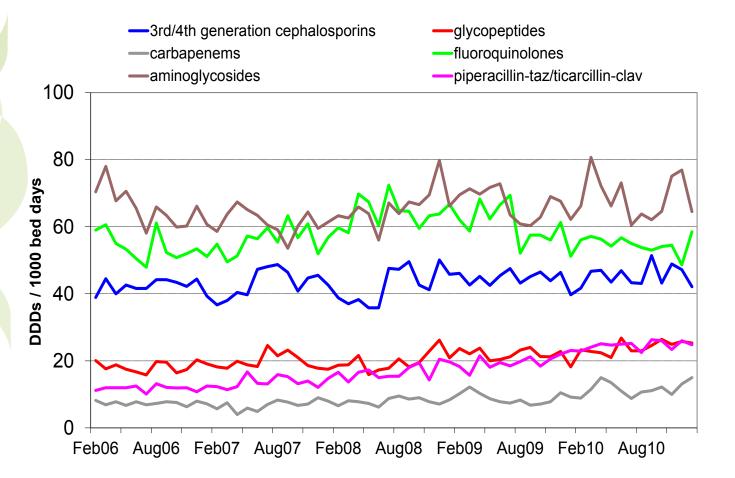


SA Health

# South Australian Antimicrobial Utilisation Surveillance Program

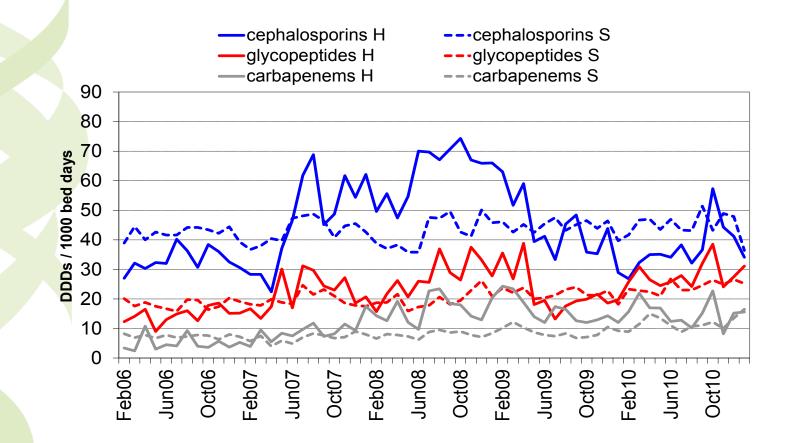
- Data since November 2001
- Usage data obtained from pharmacy dispensing records for acute-care inpatients
- Converted to Defined Daily Doses (DDD) via custom-built database, then to a rate per 1000 Occupied Bed Days
- Longitudinal data may be used to monitor trends
- Benchmarking
  - Between hospitals
  - Between state and national averages
  - International

### South Australian Antimicrobial Utilisation Surveillance Program – Iongitudinal data

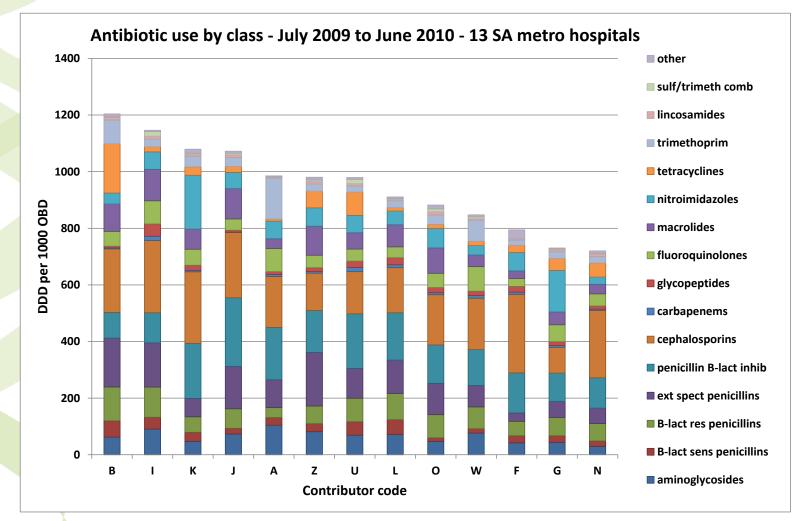


Note: steady increase in piperacillin/taz & ticarcillin/ clav over 5 years

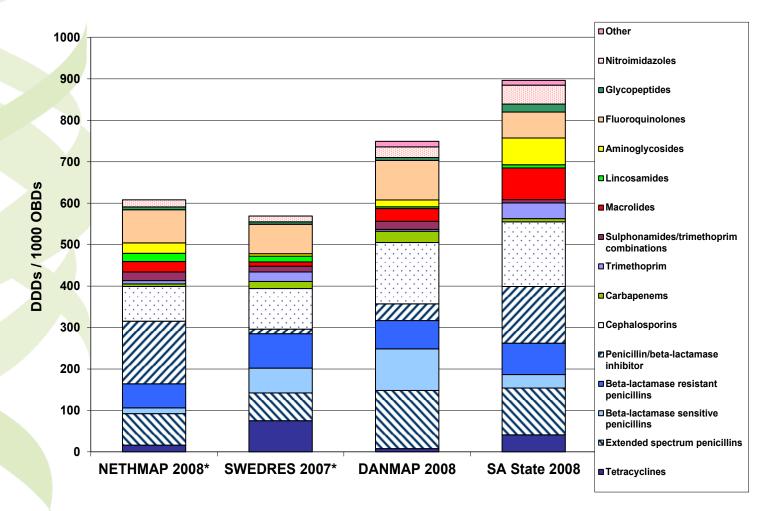
South Australian Antimicrobial Utilisation Surveillance Program – longitudinal data Hospital H compared to SA metro average (S)



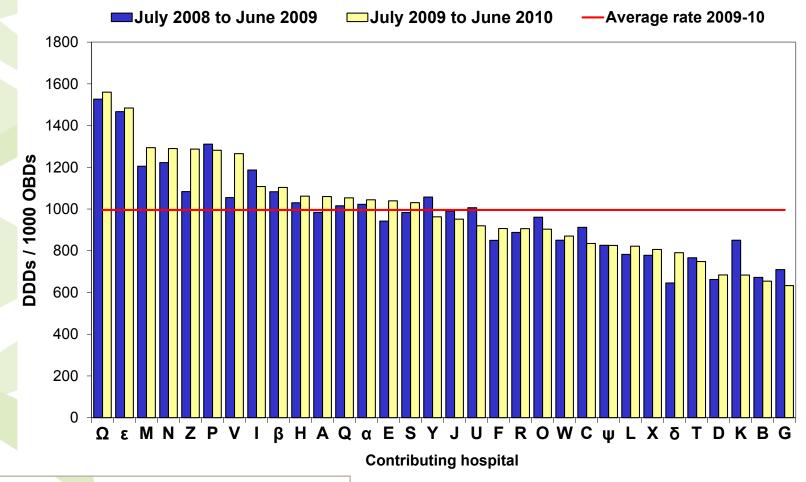
### South Australian Antimicrobial Utilisation Surveillance Program – benchmarking Usage in SA hospitals compared over a 1 year period



## South Australian Antimicrobial Utilisation Surveillance Program – benchmarking Comparison with international data

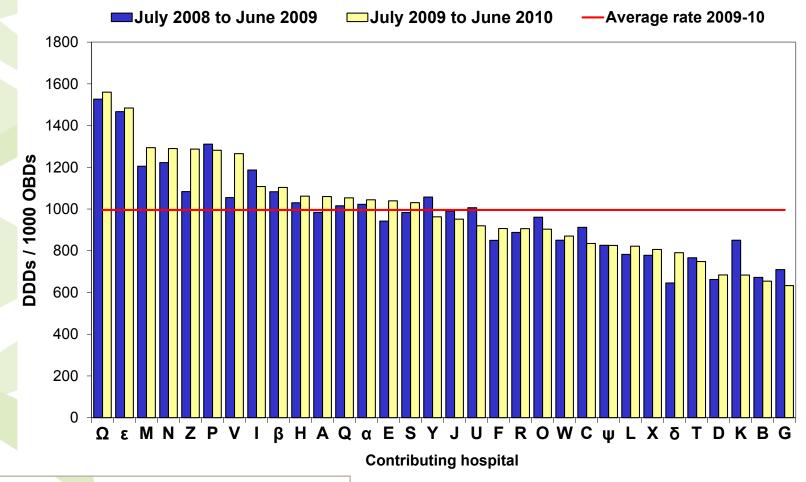


### National Antimicrobial Utilisation Surveillance Program (NAUSP) - benchmarking Total usage data from 32 contributors



Note: large inter-hospital variance in annual usage rates

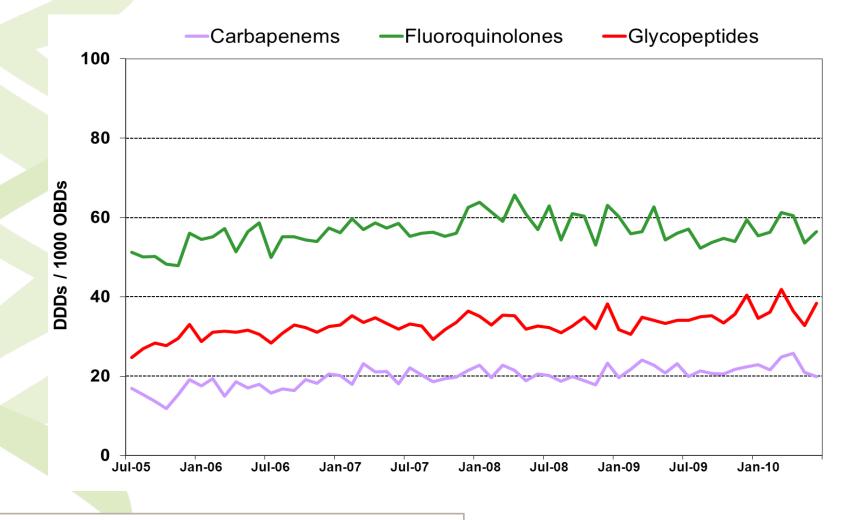
### National Antimicrobial Utilisation Surveillance Program (NAUSP) - benchmarking Total usage data from 32 contributors



Note: large inter-hospital variance in annual usage rates

### National Antimicrobial Utilisation Surveillance Program (NAUSP) – longitudinal data

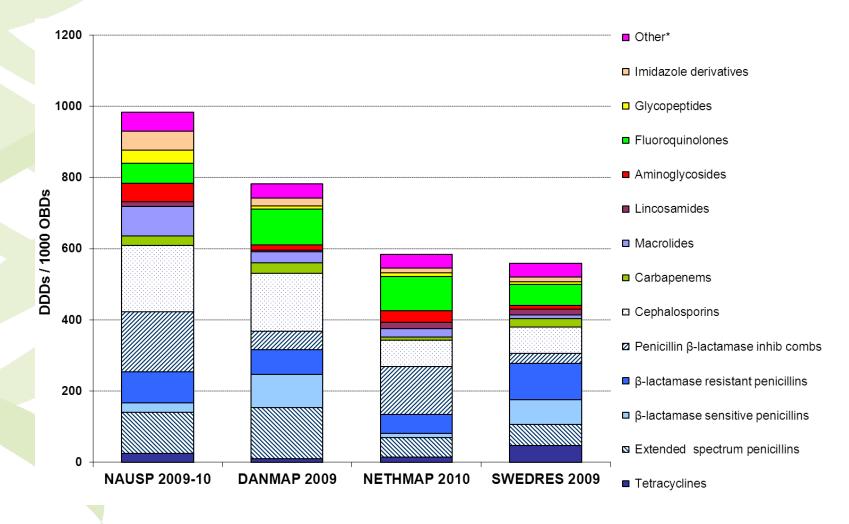
SA Health



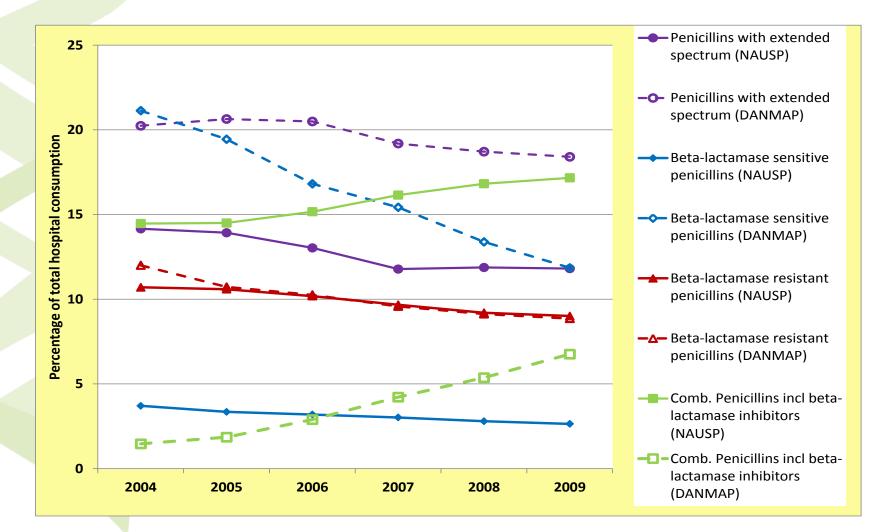
Note: Increased usage of fluoroquinolones followed by plateau after 2008

### National Antimicrobial Utilisation Surveillance Program (NAUSP) –

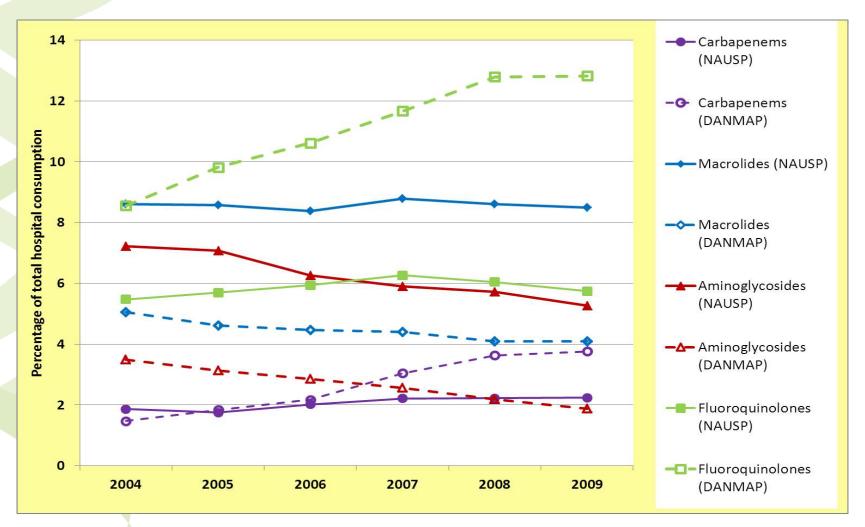
comparison with European antimicrobial surveillance programs

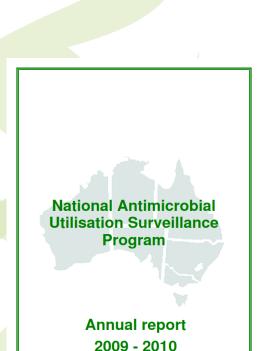


# NAUSP vs DANMAP– Usage of penicillins as a percentage of total consumption in hospitals



NAUSP vs DANMAP – Usage of carbapenems, macrolides, aminoglycosides and fluoroquinolones





**Further information** 

### > NAUSP Annual report 2009-10 (published April 2011) at www.health.sa.gov.au/infectioncontrol/

> Email: antibio@health.sa.gov.au



# South Australian Antimicrobial Usage Surveillance Program (SA AUSP)

- Annual reports giving more detailed usage information are also published and distributed to interested parties and the South Australian expert Advisory Group on Antibiotic Resistance (SAAGAR) and SA Health Portfolio Executive.
- These reports also include comparisons with several international surveillance programs where direct comparison is possible.

DANMAP (Danish Integrated Antimicrobial Resistance Monitoring and Research Programme)

Principal Investigator:

Vibeke Frøkjaer Jensen

**Other Investigators:** Anette M. Hammerum

**Primary Country:** Denmark

#### **Project Description:**

• The Danish Integrated Antimicrobial Resistance Monitoring and Research Programme (DANMAP) was established by the Danish Ministry of Food, Agriculture and Fisheries and the Danish Ministry of Health in 1995. DANMAP (Danish Integrated Antimicrobial Resistance Monitoring and Research Programme)

#### • **Objectives**:

- > Monitor the occurrence of antimicrobial resistance
- Monitor consumption of antimicrobial agents
- Investigate associations between use of antimicrobial agents in animals and humans and occurrence of resistance among bacteria from animals, foods, and humans.
- DANMAP report annually on the occurrence of antimicrobial resistance in zoonotic, indicator, and pathogenic bacteria from animals, foods, and humans in Denmark.

#### **Outcome / Result:**

 A comprehensive report on antimicrobial consumption and resistance in health care and food production is produced annually. All reports, including summaries of major findings, are available at DANMAP.org



# Newfoundland Optimal Antibiotic Project

#### **Principal Investigator:**

Jim Hutchinson

#### **Primary Country:**

St. John's, Newfoundland, Canada

#### **Project Description:**

- A physician and public education campaign including an assessment of physician prescribing.
- A public education component included posters circulated to all physicians and pharmacies and use of mass media.
- Family physician prescribing behavior was assessed by a survey conducted by visiting physicians offices prearranged but unannounced and collecting information on all visits pertaining to infection conducted in the prior 2 days.
- The prior year's prescribing patterns for participating physicians was compared with the study period using administrative databases.

# Newfoundland Optimal Antibiotic Project

#### **Outcome / Result:**

- There were significant reductions in overall prescription rates in the physicians surveyed compared to the previous year. It appeared that the "threat" of surveillance of prescribing habits had a large effect on its own.
- The only difference between physicians that prescribed at high rates and those that prescribed at low rates was in their handling of respiratory infections.
- It appears that authoritative scrutiny has a positive effect on prescribing behavior and that stewardship efforts in primary care should focus on respiratory infection management.

# Combined types of AS initiatives

**Principal Investigator:** Ian Gould

#### Other Investigators:

D. Nathwani and A. Seaton

#### **Primary Country:**

Country wide, Scotland

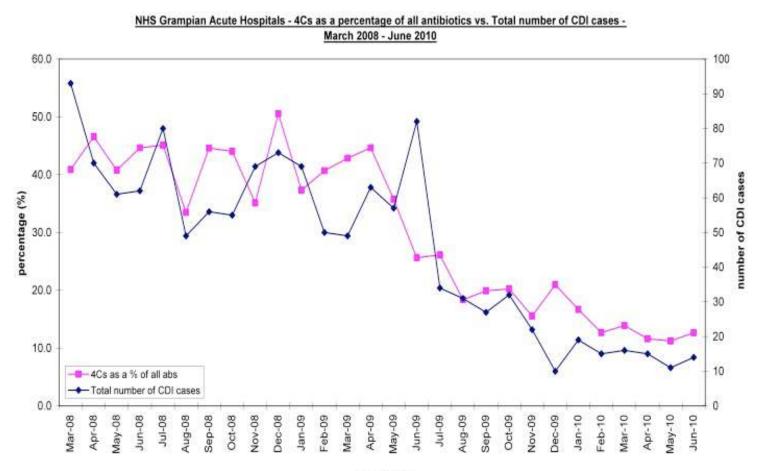
#### **Project Description:**

- In response to a *Clostridium difficile* epidemic a nationwide campaign was enacted to reduce use of the antibiotics most associated.
- The 4 C's Cephalosporins, **C**lindamycin, **C**o-amoxiclav and **C**iprofloxacin (fluoroquinolones).
- A similar campaign is running in England and initiatives are now extending into primary care

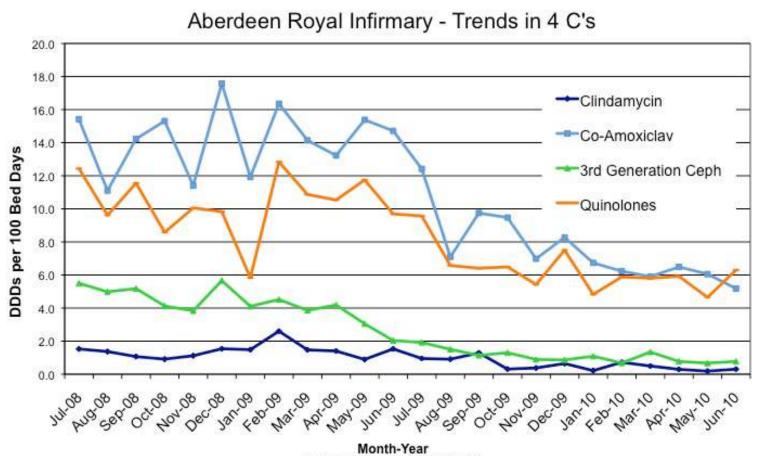
Educational, Restrictive, Organizational, Structural, Antimicrobial Consumption

**Outcome / Result:** 

- reductions in use of these groups of drugs, to be replaced by gentamicin, amoxicillin and tetracyclines.
- Initial analysis suggests major reductions in DDDs per 1000 patient-days, *C. difficile* cases and and MRSA, although the data is often confounded by simultaneous infection control interventions.



Month-Year Source: Report Plus, 2010 and PAS, 2010



Source: Report Plus, 2010 and PAS, 2010

Antimicrobial Stewardship Program Survey of Knowledge, Perceptions and Beliefs towards antimicrobial use and antimicrobial resistance

**Principal Investigator:** Lilian Abbo

**Other Investigators:** 

Thomas Hooton

### **Primary Country:**

United States Jackson Memorial Hospital / University of Miami Florida

### **Project Description:**

 600 physicians (faculty and residents) were surveyed to assess their knowledge, perceptions and beliefs towards the use of antimicrobials in our hospitals, and understand their perceptions of the problem of antimicrobial resistance. Antimicrobial Stewardship Program Survey of Knowledge, Perceptions and Beliefs towards antimicrobial use and antimicrobial resistance

> Educational, Organizational

• The results of the study are being analyzed for publication and implementation of new interventions ...

# Antimicrobial Stewardship Changing Behaviors

"Physicians will not alter their management practices unless they are both aware of and in agreement with the changes that are being proposed"

Cabana MD, et al. *JAMA*.1999;282(15): 1458-1465.

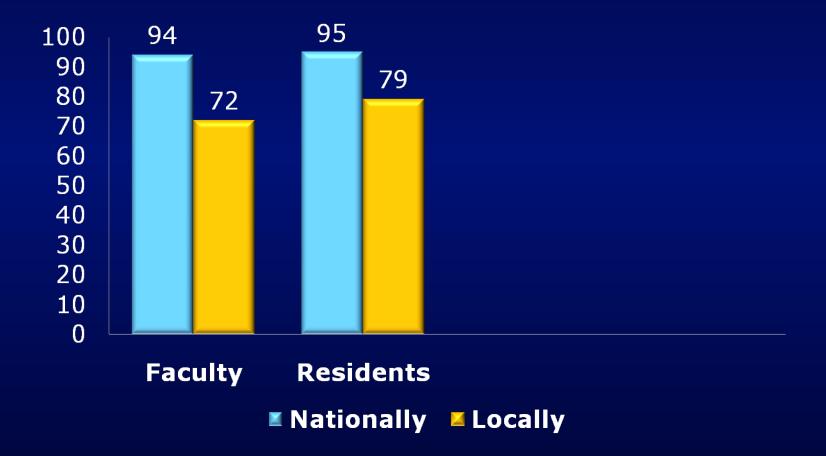
Evaluation of Faculty and Resident Physicians' Knowledge Attitudes and Perceptions about Antimicrobial Use and Resistance

Abbo L, et al. ICHE. 2011 (in Press)

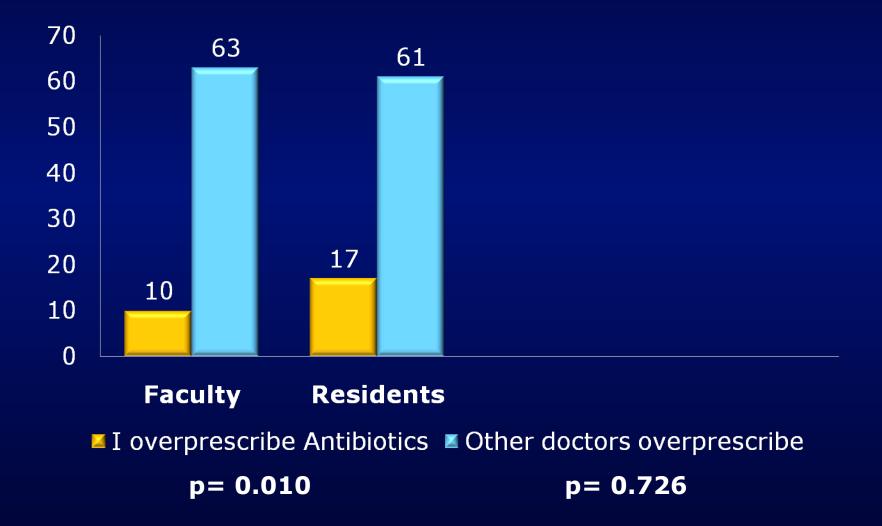
# Perceptions

- Concerned about AMR when prescribing antimicrobials: 90%
- More appropriate use of antimicrobials will decrease AMR: 94%
- Would like more feedback regarding antimicrobial selections: faculty 72% vs. residents 79% (p=.05)
- Inappropriate use of antimicrobials is professionally unethical: 62%

# Proportion of Faculty vs. Residents that agreed that Antimicrobials are overused:



## Faculty vs. Residents Perceptions Regarding Antimicrobial Prescriptions



# **Knowledge Scores**

• Faculty vs. Residents 64% vs. 72% (p = 0.001)

The % of correct responders was lowest for management of anaerobic infections (50.7%), and extended spectrum beta-lactamase (ESBL) positive bacteremia (37.8%)

# **Restricted Antimicrobials**

Principal Investigator:

Lilian Abbo MD

#### **Other Investigators:**

Laura Smith PharmD

#### **Primary Country:**

United States Jackson Memorial Hospital, Miami, Florida

#### **Project Description:**

 The antimicrobial stewardship program has a list of antimicrobials selected on the basis of toxicity, induction of resistance and cost that require prior authorization from an ID Clinical Pharmacist or an Infectious Diseases physician.

Educational, Regulatory, Antimicrobial Consumption

# **Restricted Antimicrobials**

#### **Outcome / Result:**

- By regulating certain antimicrobials, there is an opportunity to educate prescribers about the appropriate indication of these drugs.
- Investigators are able to track antimicrobial consumption in certain areas and develop benchmark levels.

# Swiss hospital antibiotic working group

Principal Investigator: Giorgio Zanetti

Other Investigators: Stephan Harbarth

Primary Country: Switzerland

Lausanne and Geneva

Project Description: Development of a working group on antibiotic policies in Switzerland. Educational, Organizational, Antimicrobial Consumption

# Israel ESAC project group

**Principal Investigator:** Raul Raz

#### Other Investigators:

ESAC project group

#### Primary Country:

Israel Afula, Northern district

#### **Project Description:**

A multifaceted program with several components:

 Community — Guidelines for primary care physicians including treatment protocols for infectious diseases and antimicrobial resistance.

Educational, Regulatory, Organizational, Antimicrobial Consumption

# Israel ESAC project group

#### **Project Description (cont):**

- Hospital Antimicrobial restriction policies, antimicrobial consumption studies, and standard treatment protocols.
- There are few multidisciplinary antimicrobial teams in various parts of the country and in some hospitals, especially the infectious diseases units in larger hospitals.
- Investigators participate in the ESAC project utilizing data from Clalit Health Services, the biggest health insurance institute in Israel covering approximately 55% of the population.

#### **Outcome / Result:**

• All efforts are aimed at optimizing use in the face of increasing antimicrobial resistance.

# Translating Antibiotic Stewardship into measurable change in clinical practice

## • Context

- Best Care Always! (BCA), is an initiative aimed at improving patient safety and spreading improvement methods in all South African hospitals.
- BCA was initiated in August 2009; over 190 hospitals are enrolled.
- Current focus is reduction of healthcare-associated infection through implementation of 4 infection prevention bundles.
- Antibiotic stewardship is clearly synergistic with infection prevention efforts.





TABLE 1. STEWARDSHIP MEASURES <sup>1</sup> 3 Hospital Groups – 161 Hospitals	2009	2010
Microbiology specimens submitted All antibiotic events Before initiation of antibiotic After initiation of antibiotic No specimen submitted	30.4% 23.2% 7.1% 69.6%	31.4% 24.0% 7.4% 68.6%
Therapy > 7 days (>7DDDs) Therapy >14 days	6.1% 1.6%	6.2% 1.5%
≥4 concurrent agents	0.8%	1.2%
≥2 concurrent gram – agents ≥2 concurrent gram + agents ≥2 concurrent antifungals	0.65% 0.07% 0.12%	0.71% 0.10% 0.14%
Inappropriate surgical prophylaxis agents	1.7%	1.7%

#### TABLE 2. ANTIBIOTIC UTILISATION<sup>1</sup> - 3 Major Hospital Groups (161 Hospitals)

	2009	2010		2009	2010
Hospital admissions with antibiotics DDD≤1 DDD≥2 Average DDD/event DDD/100 bed-days <sup>2</sup>	51.0% 27.3% 20.7% 4.5 81.0	53.0% 27.6% 22.6% 4.9 84.7	Suspected hospital-acquired infection (based on utilisation pattern) All admissions "Clean" surgical procedures ICU admissions	1.4% 1.5% 7.9%	1.5% 1.7% 7.9%
Average hospital length of stay	3.7 days	3.9 days	"Clean" surgical procedures with antibiotic use	88.9%	89.4%
ICU admissions with antibiotics Average ICU antibiotic cost	58.1% R5,862*	56.8% R7,971*	Average antibiotic cost/event % of total hospital cost	R853* 4.5%	R1,047* 4.8%

# Translating Antibiotic Stewardship into measurable change in clinical practice

## Lessons Learned

- patterns suggestive of inappropriate antibiotic utilisation are not declining, thus reinforcing the need for a scaled up intervention.
- There are initial reports of reduction in drugresistant organisms (e.g. *Acinetobacter* spp), improvement in practice patterns and a general increase in awareness of the need to prescribe antimicrobials judiciously.
- Further work is needed to develop more robust and standardised measurement systems to drive the campaign, monitor the intervention impact and sustain improvement.

# Antibiotic Stewardship Committee at public sector hospitals

## Principal Investigator:

Shaheen Mehtar

### **Other Investigators:**

Committee consists of ID physicians, microbiologists, pharmacist, pharmacologists, Infection Control, hospital managers

### **Primary Country:**

South Africa

#### **Other Location Information:**

Tygerberg Academic Hospital and Groote Schuur Hospital and the other district hospitals, Cape Town, Western Cape

# Antibiotic Stewardship Committee at public sector hospitals

### **Project Description:**

A multifaceted program with several components:

## • Educational:

- An antibiotic policy exists which shared between two teriary hospitals and influences district hospitals prescribing.
- The plan is to monitor antimicrobial prescribing and dosage at Tygerberg Academic Hospital over a six month period and that data used to report back to clinicians to modify behaviour ultimate goal is to establish 'prescribing bundles'

## • **Restrictions in use of ATM :**

 There is an antibiotic restrictive policy but is only partially adhered to. Reinforcement and education is needed.

## • Study on antimicrobial consumption:

✓ ongoing

## Best Care...Always! Campaign: Antibiotic Stewardship initiative

#### **Principal Investigator:**

Shaheen Mehtar

## **Primary Country:**

South Africa Country wide

### **Project Description:**

Governance consists of:

- task force group made of representatives from hospitals, funders, government,
- clinical leadership organizations
- advisory panel of academics and other experts

## Best Care...Always! Campaign: Antibiotic Stewardship initiative

- Components of the campaign include:
- Professional guidelines
- Peer interactions antimicrobial ward rounds lead by an "expert"
- Prescribing forms and checklists
- Antimicrobial report forms
- "Campaign" methodology, using "bundles," horizontal collaboration across organizations, vertical collaborations through existing governance structures in large hospital groups and provincial infection control and quality structures, workshops, newsletter, website, etc.
- Antibiotic stewardship teams
- Measurement primarily at hospital level, or hospital group level.
- Specific indicators of overuse and misuse

## **Outcome / Result:**

 Over 130 hospitals have signed up to the campaign overall, which has four infection prevention interventions (CAUTI, CLABSI, SSI, VAP) as well as antibiotic stewardship. American University Of Beirut Medical Center Antimicrobial Stewardship Program

## **Principal Investigator:**

Souha Kanj MD and Zeina Kanafani MD

## **Primary Country:**

Lebanon

American University of Beirut Medical Center

## **Project Description:**

A comprehensive, multifaceted effort

## American University Of Beirut Medical Center Activities towards Antimicrobial Stewardship

- Conducting periodic conferences on antimicrobial resistance
- Instituting guidelines for antibiotic prophylaxis before surgical and invasive non-surgical procedures
- Instituting guidelines for treatment of febrile neutropenia
- Reviewing all antimicrobial agents on the formulary on a yearly basis
- Restricting all broad spectrum antibacterial, antiviral, and antifungal agents to approval by ID specialists
- Designing an electronic antimicrobial approval form

# Steps taken in the setting of a recent MDR-Acinetobacter outbreak in ICU

- Monthly report on consumption of all antimicrobial agents
- Discouraging the use of carbapenems whenever possible
- Placing all patients on contact precautions
- Performing periodic cultures on all patients
- Performing environmental cultures and cultures from the hands of HCWs
- Periodically flushing the sinks with chlorine lime solution
- Training the housekeeping staff to do meticulous terminal cleaning of all rooms
- Instituting a dress code for ICU staff (short sleeves, no hand jewelry or wrist watches)

## Challenges and Obstacles

High rates of resistant pathogens that have become endemic

High rates of resistant pathogens in patients coming from neighbouring countries

Antimicrob ial Resistance Antimicrobial agents available over the counter in pharmacies

Poor staff compliance with antibiotic use Lack of national initiative for antimicrobial stewardship in hospitals

## American University Of Beirut Medical Center Antimicrobial Stewardship Program

#### • Regulatory

 Review of all antimicrobial agents on the formulary on a yearly basis.

#### • **Restrictions in use of ATM**

- All broad spectrum antibacterial, antiviral, and antifungal agents are under restriction to be dispensed after 24 hours of use only when approved by a consultation from Infectious Diseases consultants.
- Encouraged the use of monotherapy versus combination therapy
- Daily microbiology rounds to promptly get culture results and adjust treatment recommendations

#### • Structural changes

Electronic antimicrobial approval form designed in house in 2009

#### • Study on antimicrobial consumption

- Monthly report of consumption of all antimicrobial agents
- Audits of antimicrobial use for surgical prophylaxis

## American University Of Beirut Medical Center Antimicrobial Stewardship Program

## **Outcome / Result:**

- Stewardship program seems to have decreased the cost of antimicrobial agents.
- It has stabilized the rates of antimicrobial resistance in some cases.
- There has been improvement in compliance with antibiotic treatment guidelines.
- Early discharge has been facilitated with home antibiotic therapy.

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An ISC Project		
a global inventory		
Antimicrobial Stewardship	we're almost up to 30 projects in 20 countries!	
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Dashboard Discussions Activity Inbox Jim Hutchinson	Sign Out
experience with Unit or Ward specific antibiogram Stewardship - Hospital Issues	Go
nadia March 19 Permalink Edit Announce Sink Close Delete Discussion	Start a New Discussion
We are in the process of reviewing our new unit specifica-biogram to help with a more correct	Categories
emperic therapy for our surgical & Medical ICU, can any one share their experience regarding this, and how reliable is the biogram if you have smaller bed for example our ICU capacity is 18 for both adult and pediatric.	All Discussions 8
	Stewardship
Nadia Ismail	→ Stewardship - General Issues 1
	→ Stewardship - National Issues 1
Gabriel Levy Hara March 29 Permalink Edit Delete	Stewardship - Hospital Issues 5
	Antibiotic therapy
Dear Nadia and all	→ Therapy - Respiratory Tract
It is an excellent question. I think that irrespective of the low number of samples initially studied, the whole results of resistance patterns you are having in those ICUs always helps in guiding the empirical ATB therapy.	Infections
	1
In a 18 bed ICU it is very probable that in aproximately three months you will have a clear	In this Discussion
panorama regarding what it is happening, at least to know if you have prevalence of MRSA (so	Gabriel Levy Hara March 29
the need to begin with vancomycin in some situations), or GNB ESBL producers (not to mention	
CPK) that will lead to select, depending this prevalence, between PIP/TAZ, carbapenem or colisitin (or tygecicline, but always with another drug to cover the rest of CNB!!!).	
Also, as happens in many Argentinean hospitals, will let you evaluate if you need to associate	
amikacin in some situations (as severe sepsis).	
Well, this is a super summarized opinion, but let us wait for anothers.	
Cheers	
Cabriel	

ISC Antimicrobial Stewardship Working Group: the others aims...

- To design and share different initiatives that might include the design, in cooperation with related scientific societies, governmental and non- governmental organizations:
- International studies of antimicrobial consumption in all five continents
- Distance learning courses to address specific and locally prevalent problems (e.g., rational management of URI, principles and experiences with antimicrobial stewardship programs, frequent problems regarding antimicrobial use in the elderly, etc).

ISC Antimicrobial Stewardship Working Group: Aims

- To work with pharmacists of the different countries in common aspects (regulation, educational programs) regarding use and misuse of antimicrobials.
- To advocate for the regulation of sales and distribution of antimicrobials worldwide.
- To hold meetings to highlight stewardship issues.

ISC "Ten commandments" for the appropriate use of antibiotics by the practicing physician in an outpatient setting

## ISC "Ten commandments"...

- 1. Does my patient really need antibiotics? Teach the patient how to manage the symptoms of non-bacterial infections.
- 2. Select the right antibiotic hitting the target precisely is better than shooting at the whole area....
- 3. Taking time to determine the best dosing by considering pharmacokinetics and pharmacodynamics (Pk/Pd). Recommend the shortest treatment duration of an antibiotic that is effective, with least side effects and lowest risk for generation of resistance

## ISC "Ten commandments"...

- 4. Patient centered prescribing encourages proper antibiotic use: improve adherence by selecting drugs that are dosed reasonably and conveniently for the patient situation, and carefully explain how to use them.
- 5. Antibiotic combinations should only be used in rare specific situations
- 6. Use prescribed, reputable drugs. Avoid low-quality generics
- 7. Discourage self-prescription of antibiotics

## ISC "Ten commandments"...

- 8. Use only treatment guidelines with evidence based and developed with an adequate methodology, without conflicts of interest.
- 9. Try to improve diagnostic support. Rely (rationally) upon the clinical microbiology lab, to determine the pathogen and prevent resistance surprises, as well as to stay aware of local microbial patterns.
- 10. Take into account the limitations of surveillance data.

- As we can see, a little bit has just been done
- However, is a huge horizon to explore and ugly realities to change...
- Would you like to join us?



# Thank you very much for your attention!!!

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